

Faculty & Staff: (NON MEDICAL-CENTER)

What to do if . . .

Exposure is defined as being within 6 ft of someone who has tested positive for COVID-19 for at least 15 minutes if either person was not wearing a mask.

... you are exposed to someone with COVID-19?

Do you have symptoms now?

NO

**Fully vaccinated and boosted OR
Fully vaccinated but not eligible for a booster**

- No quarantine.
- Wear a mask around others for 10 days (indoors and outside).
- If possible, get tested on day 5 after exposure, even if you don't feel sick.
- If symptoms arise at any time, quarantine and get tested (if you test negative, end quarantine).
- Continue to follow University health and safety protocols, including masking indoors.
- Report daily on Dr. Chat Bot.

**Not fully vaccinated OR
Fully vaccinated and eligible for a booster but not boosted**

- Quarantine at home for 5 days.
- Wear a mask around others for an additional 5 days (indoors and outside).
- If symptoms arise at any time, continue quarantine and get tested.
- Even if test is negative, finish 5-day quarantine and mask for additional 5 days.
- Report daily on Dr. Chat Bot.

YES

Regardless of vaccine status:

- Isolate and get tested.
- Contact your Primary Care Physician for guidance.
- Report daily on Dr. Chat Bot.

Not tested?

- Stay home, isolate from everyone in household for 5 days or until you feel better.
- Continue to mask for 5 additional days.

OR ... you test positive for COVID-19 ...

either through a lab-confirmed test or an at-home test?

Questions?

rochester.edu/coronavirus-update/



- Contact your supervisor.
- Stay home and separate from others in your household for at least 5 days.
- Fill out an Isolation Order Request form online at www.monroecounty.gov (if possible, upload a picture of your positive test).
- Monitor your symptoms and follow the advice of your primary care physician (PCP). If symptoms become severe, seek medical care immediately.
- You may end isolation 5 full days after you test positive if you have never experienced symptoms OR 5 days after the onset of symptoms if you are fever free for 72 hours without the use of fever-reducing medication and other symptoms have improved. Continue to wear a mask whenever you are around other people for another 5 days.
- Those whose symptoms have not improved may need to isolate for the full 10-day period.