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INTRODUCTION

This booklet explains the dental benefits available to you under the Traditional Dental Option of the Dental Plans for Faculty & Staff of the University of Rochester (the “Plan”). The Plan is self-funded by the University of Rochester (the “Employer” or “Plan Sponsor”). The booklet is intended to be read with, and considered as part of, the Plan. This booklet also forms part of the summary plan description for the Plan. If there are any inconsistencies between this booklet and the Plan documents, the Plan documents will govern. No oral interpretations can change the Plan.

The Plan Sponsor delegates its responsibility with respect to the payment of claims to the Claims Administrator.

The Plan Sponsor fully intends to maintain the Plan indefinitely. However, it reserves the right to terminate, suspend, discontinue or amend the Plan at any time and for any reason.

If the Plan is terminated, the rights of a Covered Person are limited to expenses incurred before the termination date. All amendments to the Plan shall become effective as of the date established by the Plan Sponsor.

READ THIS ENTIRE BOOKLET CAREFULLY. IT DESCRIBES THE DENTAL BENEFITS AVAILABLE UNDER THE PLAN. IT IS YOUR RESPONSIBILITY TO UNDERSTAND THE TERMS AND CONDITIONS IN THIS BOOKLET. YOU SHOULD KEEP THIS BOOKLET WITH YOUR OTHER IMPORTANT PAPERS SO IT IS AVAILABLE FOR YOUR FUTURE REFERENCE.
## DENTAL SCHEDULE OF BENEFITS - TRADITIONAL DENTAL OPTION

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**NOTE:** The dental benefits provided under the Plan are limited-scope benefits and are offered separately from any medical coverage offered under the Plan. You have a separate right to enroll in the dental benefits under the Plan.
DEFINITIONS
The terms defined in this section have been capitalized throughout this document.

Allowed Amount. The Allowed Amount means the maximum amount the Plan will pay to a Health Care Professional for the services or supplies Covered under the Plan, before any applicable Deductible, Copayments and Coinsurance amounts are subtracted. In the Service Area, the Allowed Amount for services of Participating Providers and Non-Participating Providers is based on the Claims Administrator Fee Schedule or the Health Care Professional's actual charge, whichever is less. Outside the Service Area: the Allowed Amount for services of Participating Providers and Non-Participating Providers is based on the Claims Administrators Fee Schedule or the Health Care Professional's actual charge, whichever is less.

Balance Bill, or Balance Billing. When a Non-Participating Provider bills you for the difference between the Non-Participating Provider's charge and the Allowed Amount. A Participating Provider may not Balance Bill you for Covered Services.

Calendar Year. The twelve month period beginning on January 1 and ending on December 31 each year.

Child. Your biological Child, legally adopted Child (or a Child placed with you in anticipation of adoption), stepchild, a Child for whom you are a court-appointed legal guardian, a child of a Domestic Partner, and, a child for whom you are required to provide coverage under the Plan pursuant to the terms of a Qualified Medical Child Support Order (QMCSO) or a National Medical Support Notice (NMSN).

For purposes of this section “a child placed with you in anticipation of adoption” means a child who is under the age of 18 as of the date of such placement for adoption. The term “placed” means the assumption and retention by you of a legal obligation for total or partial support of the child in anticipation of adoption of such child.

Claims Administrator. Excellus Health Plan, Inc., doing business as Excellus BlueCross BlueShield (“Excellus BlueCross BlueShield”), 165 Court Street, Rochester, NY 14647. Excellus BlueCross BlueShield administers claims for benefits under the Plan on behalf of the Plan Sponsor and does not insure your benefits. Excellus BlueCross BlueShield provides administrative claims payment services only and does not assume any financial risk or obligation with respect to claims. Excellus BlueCross BlueShield is a nonprofit independent licensee of the Blue Cross Blue Shield Association.

Coinsurance. Your share of the costs of a Covered Service, calculated as a percent of the Allowed Amount for the service that you are required to pay directly to a provider. The amount can vary by the type of Covered Service.

Copayment. A predetermined charge, expressed as a fixed amount, which you pay directly to a provider for a Covered Service at the time the service is rendered. The amount can vary by the type of Covered Service.
Cost-Sharing. Amounts you must pay for Covered Services, expressed as Coinsurance, Copayments and/or Deductibles.

Covered Person. A covered Employee, Retiree and each of his or her Dependents covered under the Plan.

Cover, Covered or Covered Service(s). The Medically Necessary items or services paid for, arranged, or authorized for a Covered Person under the terms and conditions of the Plan.

Deductible. The amount you owe before the Plan begins to pay for Covered Services. The Deductible applies before any Coinsurance or Copayments are applied. The Deductible may not apply to all Covered Services. You may also have a Deductible that applies to a specific Covered Service that you owe before the Plan begins to pay for a particular Covered Service. There are special Deductible rules that apply when you have other than individual coverage. See the Deductible provision of the Schedule of Benefits section of this booklet.

Dependent. See the Eligibility section of this booklet.

Domestic Partner. A Domestic Partner is a person of the same or opposite sex and he or she must satisfy the requirements as described in the “Certification of Domestic Partner Status” form and Health Program Guide.

The value of the Plan coverage for an Employee’s Domestic Partner is treated as taxable income to the Employee if the Domestic Partner does not qualify as a Dependent under tax law. The Employer will comply with all federal and state tax withholding and reporting requirements for domestic partner coverage.

Employee. A common-law employee of the Employer, as determined in accordance with the employment records of the Employer.

Employer. University of Rochester or any successor thereto.


FMLA. The Family and Medical Leave Act of 1993, as may be amended from time to time.

Genetic Information. Information about an individual’s genetic tests, the genetic tests of that individual’s family members, the manifestation of disease or disorder in family members of the individual, an individual’s request for, or receipts of, genetic services, or the participating in clinical research that includes genetic services by the individual or a family member of the individual, or genetic information of a fetus carried by an individual or by a pregnant woman who is a family member of the individual, and the genetic information of any embryo legally held by the individual or family member using an assisted reproductive technology. Genetic Information will not be taken into account for purposes of determining eligibility for benefits under the Plan, or establishing premium or contribution amounts for coverage under the Plan.
**Health Care Professional.** An appropriately licensed, registered or certified dentist or optometrist; or any other licensed, registered or certified Health Care Professional under Title 8 of the New York Education Law (or other comparable state law, if applicable) that the New York Insurance Law (or other comparable state law, if applicable) requires to be recognized who charges and bills patients for Covered Services. The Health Care Professional's services must be rendered within the lawful scope of practice for that type of provider in order to be Covered under the Plan.

**HIPAA.** The Health Insurance Portability and Accountability Act of 1996, as amended.

**Lifetime Maximum.** The maximum benefit payable during an individual's lifetime while covered under the Plan. The Plan may provide for a Lifetime Maximum benefit for a specific type of Covered Service or treatment. Any Lifetime Maximum will be shown in the Schedule of Benefits section of this booklet.

**Medical Necessity or Medically Necessary.** The Plan Covers benefits described in this booklet as long as the dental service, procedure, treatment, test, device, or supply (collectively, "service") is Medically Necessary (e.g., inlays/onlays or crowns). The fact that a provider has furnished, prescribed, ordered, recommended, or approved the service does not make it Medically Necessary or mean that the Plan has to Cover it.

The Plan may base its decision on a review of:

- Your dental records;
- The dental policies and clinical guidelines of the Claims Administrator;
- Dental opinions of a professional society, peer review committee or other groups of physicians;
- Reports in peer-reviewed dental literature;
- Reports and guidelines published by nationally-recognized health care organizations that include supporting scientific data;
- Professional standards of safety and effectiveness, which are generally-recognized in the United States for diagnosis, care, or treatment;
- The opinion of health care professionals in the generally-recognized health specialty involved;
- The opinion of the attending providers, which have credence but do not overrule contrary opinions.

Services will be deemed Medically Necessary only if:

- They are clinically appropriate in terms of type, frequency, extent, site, and duration, and considered effective for your illness, injury, or disease;
- They are required for the direct care and treatment or management of that condition;
- Your condition would be adversely affected if the services were not provided;
- They are provided in accordance with generally-accepted standards of dental practice;
- They are not primarily for the convenience of you, your family, or your provider;
- They are not more costly than an alternative service or sequence of services, that
is at least as likely to produce equivalent therapeutic or diagnostic results;

- When setting or place of service is part of the review, services that can be safely provided to you in a lower cost setting will not be Medically Necessary if they are performed in a higher cost setting.

See the Claim and Appeals Procedure section of this booklet for your right to an internal appeal of the Plan’s determination that a service is not Medically Necessary.

**Medicare.** Title XVIII of the Social Security Act, as amended.

**Non-Participating Provider.** A Health Care Professional that does not have a contract with the Claims Administrator or its agent to provide dental services to you. You will pay higher Cost-Sharing to see a Non-Participating Provider as compared to a Participating Provider.

**Participating Provider.** A Health Care Professional who has a contract with the Claims Administrator to provide services to you at a discounted rate. Participating Providers have agreed to accept the discounted rate as payment in full for services Covered under the Plan. A list of Participating Providers and their locations is available at [www.excellusbcbs.com](http://www.excellusbcbs.com) or upon request by calling the customer service number located on your identification card. The list may be revised from time to time.

**Plan.** Dental Plans for Faculty & Staff of the University of Rochester.

**Plan Administrator.** The Plan Administrator is the Plan Sponsor. The Plan Sponsor may delegate fiduciary and other responsibilities to the Plan Administrator.

**Plan Sponsor.** University of Rochester or any successor thereto.

**Plan Year.** The 12-month period beginning on January 1 and ending on December 31.

**Retiree.** A former Employee of the Employer whose eligibility is defined by specific Employer eligibility definitions and who was covered under the Plan as of the date of his or her retirement. For specific eligibility information, please contact the Employer.

**Schedule of Benefits.** The section of this booklet that describes the Copayments, Deductibles, Coinsurance and other limits on Covered Services.

**Service Area.** The Service Area is the , designated by the Dental Claims Administrator. The Service Area consists of the following counties: Monroe; Wayne; Livingston; Seneca; Yates; Ontario; Steuben; Schuyler; Chemung; Tioga; Tompkins; Cortland; Broome; Cayuga; Onondaga; Oswego; Chenango; Madison; Delaware; Otsego; Herkimer; Montgomery; Fulton; Oneida; Lewis; Hamilton; Essex; Clinton; Franklin; St. Lawrence; and Jefferson.

**Spouse.** A person who is legally married to an Employee (provided marriage is recognized as such for purposes of federal tax laws). A Spouse does not include someone that is legally separated or divorced from the Employee.
**UCR (Usual, Customary and Reasonable).** The cost of a dental service in a geographic area based on what a Health Care Professional in the area usually charges for the same or similar dental service.

**You, Your and Yours.** Throughout this booklet, the words “you”, “your” and “yours” refers to you, the covered eligible Employee and your covered eligible Dependents.
ELIGIBILITY

Employee and Retiree Eligibility
An Employee and/or Retiree is eligible for coverage under the Plan in accordance with the eligibility rules established by the Employer. Coverage under the Plan will take effect for an eligible Employee and/or eligible Retiree when the Employee and/or eligible Retiree satisfies all eligibility requirements of the Plan. Failure to follow the eligibility or enrollment requirements of the Plan may result in delay of coverage or no coverage at all.

The Plan will pay benefits only for the expenses incurred while this coverage is in force. No benefits are payable for expenses incurred before coverage began or after coverage terminated. An expense for a service or supply is incurred on the date the service or supply is furnished.

Please contact your Employer if you have questions with respect to your eligibility for benefits under the Plan.

Dependent Eligibility
Subject to the permissible eligibility rules of the Employer, your Dependent is eligible for coverage under the Plan, provided he/she is:

(1) Your Spouse.

(2) Your Domestic Partner. For a person to be your eligible Domestic Partner, you and he or she must satisfy the requirements as described in the “application for Domestic Partnership” and “Health Care and Dental Benefits for Domestic Partners Questions and Answers.”

The value of the Plan coverage for an employee’s domestic partner is treated as taxable income to the employee if the domestic partner does not qualify as a dependent under tax law. The employer will comply with all federal and state tax withholding and reporting requirements for domestic partner coverage.

(3) Your Child until end of the month of the Child’s 26th birthday.

(4) Your unmarried Child, regardless of age, who is incapable of self-sustaining employment by reason of mental illness, developmental disability, mental retardation or physical handicap and who became so incapable before reaching the limiting age stated in (3) above. The child’s disability must be certified by a physician. You must file an application in the form the Claims Administrator approves to request that the child be included in your family coverage. The Employer and the Claims Administrator have the right to check whether a child is and continues to qualify under this paragraph.

You have 60 days from the end of the month in which your Child attains the limiting age to provide proof of the Child’s incapacity and to request continued coverage for such Child under the Plan. The Plan Sponsor may request subsequent proof of your Child’s incapacity and eligibility for coverage under the Plan pursuant to this.
You may be covered under the Plan as an Employee or Dependent of an Employee, but may not be covered as both. For example, if you and your Spouse are both eligible for coverage under the Plan, you and your Spouse may both elect individual only coverage or you or your Spouse may elect family coverage and add the other as a Dependent under that family coverage; however, if your Spouse elects family coverage and covers you as a Dependent under that family coverage, you may not also elect individual coverage.

Timely Enrollment
Once you are eligible to participate in the Plan, you must enroll in coverage under the Plan within 30 days after you satisfy the eligibility requirements. Any required election or enrollment form must be submitted to your Human Resources Department no later than the 60-day period described above. If you are required to contribute towards the cost of coverage, you must also complete a payroll deduction authorization form that will allow your Employer to deduct the required contributions from your pay.

If you fail to complete and submit the required election and enrollment forms within the 30-day period described above, you will not be eligible to enroll in the Plan until the next open enrollment period or unless you experience an earlier special enrollment or a change in status event (as described below).

Open Enrollment Period
The Plan has an annual open enrollment period. The open enrollment period is the period of time prior to the start of the Calendar Year where an eligible Employee and/or eligible Dependent can elect coverage under the Plan or can change coverage under the Plan. The open enrollment period under the Plan will be communicated to you each year by your Human Resources Department.

If you fail to complete and submit the required election and enrollment forms within the annual open enrollment period, you will not be eligible to enroll in the Plan until the next annual open enrollment period, unless you experience an earlier special enrollment or a change in status event (as described below).

Special Enrollment Event

Note: This provision is extended to coverage of Domestic Partners and to Children of a Domestic Partner.

You may make a mid-year change in your election as a result of any of the following special enrollment events:

1. Loss of Other Coverage. You previously declined coverage for yourself and/or your eligible Dependents because you and/or your Dependents had other health coverage but that other health coverage was lost as a result of one of the following events:
   
   a. Legal separation, divorce, death, loss of dependent status, termination of employment, reduction in hours, or any other reason required by HIPAA;
(b) The other health coverage was COBRA and the maximum continuation period available under COBRA has been exhausted; or

(c) Employer contributions for the other health coverage ended.

If you and/or your Dependent lost the other health coverage for reasons of non-payment of the required contribution or premium, making a fraudulent claim or an intentional misrepresentation of material fact, then you and/or your Dependents will not be eligible to take advantage of this special enrollment right and enroll in the Plan mid-year.

If you are the one that loses the other health coverage, you may enroll yourself and any eligible Dependents in the Plan. If your eligible Dependent loses the other health coverage, and you are already enrolled in the Plan, you may enroll your Dependent in that same benefit option you are already enrolled in or you may enroll in a different benefit option available under the Plan due to the special enrollment event of your Dependent.

You must request enrollment in the Plan by submitting any required enrollment and election forms to your Human Resources Department no later than 60 days after the date your other health coverage was lost. Coverage under the Plan will begin as of 12:01am on the date of the loss of coverage. Failure to enroll in the Plan will result in no coverage under the Plan. You may elect to enroll in the Plan again during the Plan’s next annual open enrollment period, or in the event you experience another special enrollment or change in status event.

(2) Acquisition of a New Dependent. You declined to enroll, failed to enroll or enrolled in employee-only coverage under the Plan when you were initially eligible or during the Plan’s annual open enrollment period and you acquire a new Dependent mid-year as a result of marriage, birth, adoption or placement for adoption.

You must request enrollment in the Plan by submitting any required enrollment and election forms to your Human Resources Department no later than 60 days after the date of the event. Coverage under the Plan will begin as follows:

(a) For a newborn Child (other than a proposed adopted newborn Child), coverage will begin as of 12:01am on the date of birth, provided you request enrollment within the 60-day period described above.

(b) For a proposed adopted newborn Child, coverage will begin as of 12:01am on the date of birth, provided you request enrollment within the 60-day period described above; and

(i) You take physical custody of the newborn as soon as he/she is released from the Hospital after birth; and

(ii) File a petition for adoption within 30 days after the Child’s birth.
Coverage under the Plan will not be provided for the proposed adopted newborn Child if a notice of revocation of the adoption has been filed or one of the natural parents revokes consent to the adoption. If the Plan provides coverage of a proposed adopted newborn Child, and notice of the revocation of the adoption is filed or one of the natural parents revokes their consent, the Plan will be entitled to recover any sums paid by it for care of the proposed adopted newborn Child.

(c) For an adopted Child (or Child placed with you in anticipation of adoption), coverage will begin as of 12:01am on the date of adoption (or placement for adoption), provided you request enrollment within the 60-day period described above.

(d) For a newly acquired Dependent as a result of marriage or commencement of a domestic partnership, coverage will begin as of the first day of the month following the date of marriage or commencement of a domestic partnership, provided you request enrollment within the 60-day period described above.

Failure to enroll in the Plan within the 60-day period described above will result in no coverage under the Plan. You may elect to enroll in the Plan again during the Plan’s next annual open enrollment period, or in the event you experience another special enrollment or change in status event.

(3) Eligibility Changes in Medicaid and State Child Health Insurance Programs (SCHIP). You declined or failed to enroll in coverage under the Plan when you were initially eligible because:

(a) you were covered under Medicaid or a SCHIP at the time you were initially eligible, but now your coverage under Medicaid or a SCHIP has terminated due to loss of eligibility for such coverage; or

(b) You became eligible for a state premium assistance subsidy under Medicaid or SCHIP to assist with payment of any required Employee contribution under the Plan.

Coverage under the Plan will begin as of 12:01am on the date you request enrollment in the Plan, provided such request is made within 60-days after coverage under Medicaid or SCHIP terminates or you become eligible for a state premium assistance subsidy.

Failure to enroll in the Plan within the 60-day period described above will result in no coverage under the Plan. You may elect to enroll in the Plan again during the Plan’s next annual open enrollment period, or in the event you experience another special enrollment or change in status event.

Change in Status Event

Note: This provision is extended to coverage of Domestic Partners and to Children of a Domestic Partner.
Your election under the Plan will remain in effect for the entire Calendar Year, unless you experience a special enrollment event (described above) or a change in status event, as defined under Section 125 of the Internal Revenue Code (including any applicable regulations). Any new election made under the Plan due to a change in status event must be consistent with such event. Change in status events include:

(1) A change in your marital status, including marriage, divorce, legal separation, annulment or death of a Spouse;

(2) A Dependent loses or gains eligibility under the Plan, such as attainment of a specified age; birth, adoption or placement for adoption of a Dependent; death of a Dependent; or a change in the Plan’s Dependent eligibility requirements;

(3) Change in employment status that causes you, your Spouse or Dependent Child to either gain or lose eligibility under the Plan, including commencement or termination of employment; commencement or return from a leave of absence; or any other employment status change that affects the eligibility status of an individual to participate in the Plan, including a change from part-time to full-time status or vice versa, a change from salaried to hourly or vice versa, or a strike or lockout;

(4) Gain or loss of eligibility under the Plan or another employer-sponsored welfare benefit plan;

(5) Significant increase or decrease in the cost of coverage under the Plan, including a new benefit option being added, a benefit option being eliminated or significantly curtailed and a coverage change made under a plan offered by the Employer;

(6) Change in your residence or the residence of your Dependent that is outside the Plan’s Service Area;

(7) Change in election under another employer-sponsored welfare benefit Plan during an open enrollment period under another employer-sponsored welfare benefit Plan that differs from the open enrollment period under the Plan;

(8) You or your Dependent become covered or lose coverage under Medicare or Medicaid.

Depending on the change in status event, you may be permitted to revoke your existing election or make a new election under the Plan, provided it is consistent with the event and satisfies the regulations under Internal Revenue Code Section 125. For additional information regarding whether or not something constitutes a change in status event, please contact your Human Resources Department.

Coverage under the Plan will begin as of the date of the change in status event, provided you request enrollment and submit any required election and enrollment forms no later than 60 days after the event.

Failure to enroll in the Plan within the 60-day period described above will result in no
coverage under the Plan. You may elect to enroll in the Plan again during the Plan’s next annual open enrollment period, or in the event you experience another special enrollment or change in status event.

**Change in Election Due to Marketplace Coverage**

If you have an opportunity to enroll in a qualified health plan through an exchange or marketplace established under the Affordable Care Act (“Marketplace Coverage”), you may change your benefit elections under the Plan to cancel medical coverage under the Plan but only if you (and all Dependents whose coverage under the Plan is being cancelled) are also enrolling in Marketplace Coverage. Cancelling coverage under the Plan based on this rule will be permitted only if the Marketplace Coverage (for all Covered Persons whose coverage under the Plan is being cancelled) is effective no later than the next day after coverage under the Plan would terminate because of the cancellation of coverage. The Plan may rely on your reasonable representation that all Covered Persons whose coverage is being cancelled have enrolled in or will enroll in Marketplace Coverage to be effective no later than the deadline indicated in the previous sentence, but the Employer, in its discretion, may also require additional documentation of the Marketplace Coverage. Also, note that you are permitted to enroll in Marketplace Coverage only during the annual Marketplace enrollment period or based on a marketplace special enrollment opportunity. Details about the enrollment periods for Marketplace Coverage are available at: [www.HealthCare.gov](http://www.HealthCare.gov).
WHEN COVERAGE ENDS

Employee Coverage Ends: Your coverage under the Plan ends on the earliest of the following dates:

(1) The date the Plan terminates, in whole or in part;

(2) The last day of the period for which the required contribution has been paid;

(3) The date your employment ends for any reason, including termination and voluntary resignation. If you retire, you may change or drop your coverage under the Plan. If you continue coverage, your premiums will be paid on an after-tax basis;

(4) The date you chose to terminate your coverage due to a special enrollment or change in status event. You must give your Employer sixty (60) days written notice and your coverage will term on the date of the special enrollment or change in status event;

(5) The date you report to active military service, unless coverage is continued through the Uniformed Services Employment and Reemployment Rights Act (USERRA);

(6) The date of your death;

(7) The date you change to an Employee classification that is not benefits-eligible;

(8) The date you (or any person seeking coverage on your behalf) performs an act, practice or omission that constitutes fraud; or

(9) The date you (or any person seeking coverage on your behalf) makes an intentional misrepresentation of material fact.

Dependent Coverage Ends: Dependent coverage will end on the earliest of the following dates:

(1) The date the Plan terminates, in whole or in part;

(2) The date the Employee’s eligibility for coverage under the Plan terminates;

(3) The end of the month the Dependent Child, or for all other Dependents the date the Dependent, no longer qualifies as a Dependent under the Plan;

(4) The last day of the period for which the required contribution has been paid;

(5) The date Dependent coverage under the Plan is terminated;

(6) The date of the Dependent’s death;
(7) The date the Dependent (or any person seeking coverage on behalf of the Dependent) performs an act, practice or omission that constitutes fraud; or

(8) The date the Dependent (or any person seeking coverage on behalf of the Dependent) makes an intentional misrepresentation of material fact.

**Retiree Coverage Ends:** Retiree coverage for both the Retiree and any eligible Dependents ends on the earliest of the following dates:

(1) The date the Plan is terminated, in whole or in part;

(2) The date the Plan no longer provides retiree coverage;

(3) The last day of the period for which the required contribution has been paid;

(4) The date you chose to terminate your coverage due to a special enrollment or change in status event. You must give your Employer sixty (60) days written notice and your coverage will term on the date of the special enrollment or change in status event;

(5) The date of the Retiree’s death;

(6) The date in which a Dependent no longer qualifies as a Dependent;

(7) The date the Retiree or any eligible Dependent (or any person seeking coverage on behalf of the Retiree or any eligible Dependent) performs an act, practice or omission that constitutes fraud; or

(8) The date the Retiree or any eligible Dependent (or any person seeking coverage on behalf of the Retiree or any eligible Dependent) makes and intentional misrepresentation of material fact.

**Temporary Continuation of Coverage.**

Under the continuation of coverage provisions of the Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA); Family and Medical Leave Act of 1993 (FMLA); and the Uniformed Services Employment and Reemployment Rights Act of 1994 (USERRA) you and your eligible Dependents may be eligible to temporarily continue coverage under the Plan when your coverage would otherwise end. Please contact your Employer to find out if you may be entitled to a temporary continuation of coverage under COBRA, FMLA or USERRA.
DENTAL BENEFITS

Alternative Benefits. All Covered dental procedures are subject to this alternative benefits provision. The Plan will only provide benefits for the procedure carrying the lesser Allowed Amount, provided that procedure meets acceptable dental standards, subject to Medical Necessity. If the more expensive procedure is chosen by you or your Health Care Professional and is not Medically Necessary, you must pay the difference between the Plan’s payment and the amount billed by the Health Care Professional.

Predetermination of Benefits. A predetermination of benefits is recommended for any extensive treatment that is expected to cost $300 or more, such as periodontics, prosthetics or dental implants. A description of planned treatment and expected charges should be sent to the Plan before treatment is started. If there is a major change in the treatment, a revised predetermination of benefits is required. The expenses that will be Covered will be determined by the Plan and are subject to the Alternative Benefits provision above. When there has not been a predetermination of benefits, the Plan will determine what services will be Covered at the time the claim is received. Predetermination of benefits does not guarantee payment and expires one (1) year after the date of issue. The estimate of benefits payable may change based on the benefits, if any, for which a Covered Person qualifies at the time services are completed.

When Charges For Covered Services Are Incurred. A charge for a Covered Service will be considered to be incurred: for an appliance or modification of an appliance, on the date the appliance is placed; for an inlay, crown or bridge, on the date the inlay, crown or bridge is seated; for root canal therapy, on the date the root canal is completed; and for all other services, on the date the service is rendered.

Covered Dental Benefits

Class I - Preventive and Diagnostic Services

(1) Clinical Oral Examinations. The Plan will provide coverage for an oral examination twice in any Calendar Year. Coverage will also be provided for emergency oral examinations to treat pain; if an operative procedure is also provided on the same day, coverage for the emergency oral exam is included in the payment for the operative procedure.

(2) Radiographs.

a. Full Mouth or Panoramic. The Plan will provide coverage for the following complete intra-oral x-rays once every 36 consecutive months: a full mouth series or a panoramic film. The Plan will not provide coverage for periapical x-rays when performed on the same date as a complete series or a panoramic x-ray.
b. **Bitewings.** The Plan will provide coverage for up to a combination of four (4) bitewing films in a Calendar Year. The Plan will not provide coverage for bitewings provided in conjunction with a full mouth series.

c. **Diagnostic Radiographs and Photographs.** The Plan will provide coverage for diagnostic x-rays and photographs.

d. **Facial Images.** The Plan will provide coverage for facial images once in a Calendar Year.

(3) **Dental Prophylaxis, Including Cleaning, Scaling and Polishing.** The Plan will provide coverage for prophylaxis twice in a Calendar Year. The Plan will provide coverage for cleaning or scaling of teeth performed by a licensed dental hygienist if such treatment is rendered under the supervision and direction of a Health Care Professional.

(4) **Topical Fluoride Treatments (Office Procedure).** The Plan will provide coverage for topical fluoride treatments twice in a Calendar Year for Dependent Children under 16 years of age.

(5) **Palliative Emergency Treatment.** The Plan will provide coverage for emergency care you receive from a Health Care Professional that is designed only to relieve your dental pain until corrective treatment can be provided.

(6) **Sealants.** The Plan will provide coverage for the topical application of sealants on un-restored, permanent 1st and 2nd molars once every 36 consecutive months for Dependent Children under age 16.

(7) **Space Maintainers.** The Plan will provide coverage for space maintainers for Dependent Children under age 16. This includes coverage for adjustment and re-cementation within six (6) months after placement.

**Class II - Basic Services**

(1) **Amalgam and Composite Restorations.** The Plan will provide coverage for amalgam and composite restorations for treatment of cavities. Restorations including multiple surfaces will, for the purpose of providing benefits, be combined; and benefits will be provided according to the number of surfaces treated. Benefits for each surface are allowed once in 12 consecutive months. Bonding is not a Covered benefit.

(2) **Oral Surgery.** The Plan will provide coverage for simple extractions. Coverage for local anesthesia, routine pre and post-operative procedures, sutures and suture removal are included in the Plan’s Allowed Amount for the surgery; and the Plan will not provide additional benefits for such services.

**Class IIA - Basic Restorative Services**
(1) **Oral Surgery.** The Plan will provide coverage for oral surgery, consisting of: surgical extractions, including removal of impacted teeth; odontogenic cysts, lesions and biopsies; tooth re-implantation; tooth transplantation and alveoplasty. Coverage for local anesthesia, routine pre and post-operative procedures, sutures and suture removal are included in the Allowed Amount for the surgery; and the Plan will not provide additional benefits for such services. Benefits for extraction of impacted wisdom teeth include coverage for IV sedation.

(2) **Endodontics.**

   a. **Pulp Caps.** Coverage for direct and indirect pulp caps rendered in conjunction with a restoration is included in the Allowed Amount for the restorative procedure; and the Plan will not provide additional benefits for such services.

   b. **Pulpotomy.** The Plan will provide coverage for therapeutic pulpotomy once per tooth, except when performed in conjunction with root canal therapy.

   c. **Root Canal Treatment.** The Plan will provide coverage for root canal therapy, including: anesthesia; opening and drainage of pulp chambers and canals; removal of pulp tissue and instrumentation of canals; application of medications; radiographs taken during the course of active treatment; and culture and sensitivity examinations.

      i. Coverage for root canal therapy includes the following: any related diagnostic and/or palliative treatment provided during, or 30 days before or after, root canal therapy; and temporary re-cementation of crowns/bridges.

      ii. Coverage for root canal treatment will be provided for up to 30 days after termination of your coverage under this Plan for a tooth opened while coverage was in effect.

   d. **Apicoectomy.** The Plan will provide coverage for apicoectomy, including: sutures; suture removal; treatment plan; anesthesia; application of medications; treatment radiographs; and routine post-operative treatment.

   e. **Hemisection.** The Plan will provide coverage for hemisection, including: sutures; suture removal; treatment plan; anesthesia; application of medications; treatment radiographs; and routine post-operative treatment.

(3) **Periodontic Services.**

   a. **Periodontic Surgical Services.** The Plan will provide coverage for the following periodontic surgical services once in any quadrant in any consecutive 36-month period: gingivectomy; osseous surgery; and gingival flap procedures.
b. **Periodontic Adjunctive Services.** The Plan will provide coverage for periodontic adjunctive services consisting of periodontal scaling and root planing (per quadrant) once per quadrant in any consecutive 24-month month period.

c. **Periodontal Maintenance.** The Plan will provide coverage for periodontal maintenance (periodontal prophylaxis) twice per Calendar Year.

(4) **Cone Beam Images.** The Plan will provide coverage for cone beam images once in a Calendar Year.

(5) **Pulp Vitality Tests.** The Plan will provide coverage for pulp vitality tests.

**Class III - Major Restorative Services**

(1) **Removable and Fixed Prosthodontics.** Benefits will be provided for the following removable and fixed prosthodontics: full and partial dentures; and fixed bridgework. The following benefit limitations apply:

a. The Plan will only provide benefits for the replacement of a denture, partial denture or fixed bridgework for which benefits were provided under this Plan with another denture, partial denture or fixed bridge: when the existing prosthetic was placed more than five (5) years ago and cannot be made serviceable.

b. The Plan will not provide coverage for denture replacement made necessary by reason of loss or theft.

c. The Plan will only provide benefits for adjustments, re-cementation or repairs to full or partial dentures or bridges when the adjustment, re-cementation or repair is performed more than six (6) months after the initial insertion of the prosthesis. The re-cementation benefit is limited to one (1) service in a 36-month period.

d. Benefits for denture reline or rebases are limited to one (1) in a 36-month period and must occur at least six months after initial placement.

e. Benefits for temporary partial stayplate dentures (flipper) are limited to the replacement of extracted anterior teeth.

f. Benefits for the following are included in the Allowed Amount for the major procedure: tooth preparation; temporary bridges; bases; impressions; anesthesia; preparation of the gingival tissue; or other services that are components of a complete procedure.

g. Removal of part of a root (hemisection) does not qualify as a tooth extraction when determining benefits in connection with installation of removable or fixed prosthetics.
h. The Plan will not provide benefits for a denture, partial denture or bridge or the fitting thereof: that was ordered while the Covered Person was not Covered under this Plan; or that was ordered while the Covered Person was Covered under this Plan, but finally installed or delivered to such Covered Person more than 30 days after termination of coverage under this Plan.

(2) **Dental Implants (Tooth Implantation).** The Plan will provide coverage for dental implants to replace missing teeth, including:

- Single implant crowns; and
- Abutment.

The Plan will only provide benefits for replacement of an implant when more than 10 years have elapsed since the last placement.

A pre-determination of benefits for implant services is recommended. A description of planned treatment and expected charge should be sent to the Plan before treatment is started. The expenses that will be Covered will be determined by the Plan. When there has not been a pre-determination of benefits, the Plan will determine what services will be Covered at the time the claim is received. Pre-determination of benefits does not guarantee payment and expires one year after the date of issue. The estimate of benefits payable may change based on the benefits, if any, for which a Covered Person qualifies at the time services are completed.

(3) **Inlays/Onlays and/or Crowns.** The Plan will provide coverage for inlays/onlays and/or crowns only when teeth cannot be restored by a filling. Coverage for these restorations includes all necessary: bases; pulp medications; liners; gingival preparation; impressions; temporary crowns; finishing; and occlusal adjustments. The following benefit limitations apply:

a. When an inlay/onlay or crown is not used to replace an existing filling, the Plan will only provide benefits for an inlay/onlay or crown that is Medically Necessary to treat a tooth due to severe decay and/or fracture.

b. The Plan will only provide benefits for the replacement of an inlay/onlay or crown with another inlay/onlay or crown if more than five (5) years have elapsed since the last placement.

c. The Plan will provide coverage for plastic or stainless steel crowns for Covered Person.

d. The Plan will only provide benefits for re-cementation that is performed more than six (6) months after the initial insertion.

e. The Plan will not provide benefits for an inlay/onlay or crown or the fitting thereof: that was ordered while the Covered Person was not Covered under this Plan; or that was ordered while the Covered Person was
Covered under this Plan, but finally installed more than 30 days after termination of coverage under this Plan.

(4) **Tissue Conditioners.** The Benefit Plan will provide coverage for tissue conditioners and are limited to one (1) service in a 36-month period.
EXCLUSIONS

In addition to the exclusions and limitations described in other sections of this Plan, the Plan will not provide coverage for the following:

1. **Anesthesia.** The Plan will not provide coverage for the following forms of anesthesia: regional block, Trigem division block, local analgesia, intravenous (IV) conscious sedation, and non-intravenous conscious sedation.

2. **Bonding.** The Plan will not provide coverage for bonding and/or splinting of teeth.

3. **Care by more than One Provider.** In the event a Covered Person transfers from the care of one Health Care Professional to that of another Health Care Professional during the course of treatment, or if more than one Health Care Professional renders services for one dental procedure, the Plan will not provide coverage for more than the amount it would have provided if one Health Care Professional rendered the service.

4. **Cosmetic Services.** The Plan will not provide coverage for any services in connection with elective cosmetic surgery that is primarily intended to improve your appearance and is not Medically Necessary.

5. **Court Ordered Services.** The Plan will not provide coverage for any service or care (including evaluation, testing, and/or treatment) that is ordered by a court, or that is required by a court as a condition of parole or probation, unless:
   
   A. The service or care would be Covered under this Plan in the absence of a court order;
   
   B. The service or care has been pre-authorized by the Plan, if required; and
   
   C. It is determined, in advance, that the service or care is Medically Necessary and Covered under the terms of this Plan.

   This exclusion applies to special dental reports, including those not directly related to treatment, e.g., reports on certification examinations and reports prepared in connection with litigation.

6. **Criminal Behavior.** The Plan will not provide coverage for any service or care related to the treatment of an illness, accident or condition arising out of your participation in a felony. The felony will be determined by the law of the state where the criminal behavior occurred. To the extent required by law, this exclusion does not apply to coverage for services involving injuries suffered by a victim of an act of domestic violence or for services as a result of your medical condition (including both physical and mental health conditions).

7. **Dental Charges - Drugs.** The Plan will not provide coverage for medications provided for the care and treatment of dental cares.
(8) **Dental Consultations.** The Plan will not provide coverage for dental consultations.

(9) **Dental Veneers.** The Plan will not provide coverage for dental veneers.

(10) **Diagnostic Caries Susceptibility Tests.** The Plan will not provide coverage for diagnostic caries susceptibility tests.

(11) **Diagnostic Casts.** The Plan will not provide coverage for diagnostic casts.

(12) **Diagnostic Oral Pathology and Laboratory.** The Plan will not provide coverage for diagnostic oral pathology and laboratory service.

(13) **Experimental and Investigational Services.** Unless otherwise required by law, the Plan will not provide coverage for any service or care that consists of a treatment, procedure, drug, biological product, or medical device (collectively, “Service”); an inpatient stay in connection with a Service; or treatment of a complication related to a Service; if the Service is experimental or investigational.

“Experimental or investigational” means that the Claims Administrator determines the Service is:

A. not of proven benefit for a particular diagnosis or for treatment of a particular condition;

B. not generally recognized by the medical community, as reflected in published, peer-reviewed, medical literature, as effective or appropriate for a particular diagnosis or for treatment of a particular condition; or

C. not of proven safety for a person with a particular diagnosis or a particular condition, e.g., is currently being evaluated in research studies to ascertain the safety and effectiveness of the treatment on the well-being of a person with the particular diagnosis or in the particular condition.

Governmental approval of a Service will be considered in determining whether a Service is experimental or investigational, but the fact that a Service has received governmental approval does not necessarily mean that it is of proven benefit, or appropriate or effective treatment for a particular diagnosis or for a particular condition.

In determining whether a Service is experimental or investigational, the Claims Administrator may require that any or all of the following five criteria be met:

A. A Service that is a medical device, drug, or biological product must have received final approval of the United States Food and Drug Administration (FDA) to market for the particular diagnosis or for your particular condition. Any other approval granted as an interim step in the FDA
regulatory process, e.g., an Investigational Device Exemption or an Investigational New Drug Exemption, is not sufficient. Once final FDA approval has been granted for a particular diagnosis or for your particular condition, use of the Service (medical device, drug, or biological product) for another diagnosis or condition may require that any or all of the five criteria be met.

B. Published, peer-reviewed, medical literature must provide conclusive evidence that the Service has a definite, positive effect on health outcomes. The evidence must include reports of well-designed investigations that have been reproduced by nonaffiliated, authoritative sources with measurable results, backed up by the positive endorsements of national medical bodies or panels regarding scientific efficacy and rationale.

C. Published, peer-reviewed, medical literature must provide demonstrated evidence that, over time, the Service leads to improvement in health outcomes, i.e., the beneficial effects of the Service outweigh any harmful effects.

D. Published, peer-reviewed, medical literature must provide proof that the Service is at least as effective in improving health outcomes as established services or technology, or is usable in appropriate clinical contexts in which an established service or technology is not employable.

E. Published, peer-reviewed, medical literature must provide proof that improvement in health outcomes, as defined in subparagraph C above, is possible in standard conditions of medical practice, outside of clinical investigatory settings.

(14) **Free Care.** The Plan will not provide coverage for any service or care that is furnished to you without charge, or that would have been furnished to you without charge if you were not Covered under this Plan. This exclusion applies even if a charge for the service or care is billed. When service or care is furnished to you by your spouse, brother, sister, mother, father, son or daughter, or the spouse of any of them, it will be presumed that the service or care would have been furnished without charge. You must prove that a service or care would not have been furnished without charge.

(15) **Gold Foil.** The Benefit Plan will provide coverage for services or procedures involving gold foil.

(16) **Government Hospitals.** Except as otherwise required by law (or specifically identified as being Covered elsewhere in this Plan), the Plan will not provide coverage for care or treatment provided in a Hospital that is owned or operated by any federal, state or other governmental entity, unless you are taken to the Hospital because it is close to the place where you were injured or became ill and Emergency Services are provided to treat your Emergency Condition.
(17) **Military Service-Connected Conditions.** The Plan will not provide coverage for any service or care related to any military service-connected disability or condition, if the Veterans Administration (VA) has the responsibility to provide the service or care.

(18) **No-Fault Automobile Insurance.** The Plan will not provide coverage for any service or care for which benefits are available under mandatory no-fault automobile insurance, until you have used up all of the benefits of the mandatory no-fault policy. This exclusion applies even if you do not make a proper or timely claim for the benefits available to you under a mandatory no-fault policy. The Plan will provide benefits for services Covered under this Plan when you have exceeded the maximum benefits of the no-fault policy. Should you be denied benefits under the no-fault policy because it has a deductible, the Plan will provide coverage for the services Covered under this Plan, up to the amount of the deductible. The Plan will not provide benefits even if you bring a lawsuit against the person who caused your injury and even if you receive money from that lawsuit and you have repaid the medical expenses you received payment for under the mandatory automobile no-fault coverage.

(19) **Non-Covered Service.** The Plan will not provide coverage for any service or care that is not specifically described in this Plan as a Covered Service; or that is related to service or care not Covered under this Plan; even when a Participating Provider considers the service or care to be Medically Necessary and appropriate.

(20) **Occlusal Adjustments.** The Plan will not provide coverage for occlusal adjustments.

(21) **Occlusal Guards.** The Plan will not provide coverage for occlusal guards.

(22) **Oral Hygiene Programs.** The Plan will not provide coverage for training or supplies used for: dietary counseling; tobacco counseling; oral hygiene; or plaque control programs.

(23) **Orthodontic Services.** The Plan will not provide coverage for orthodontic services.

(24) **Procedures to Increase Vertical Dimension.** The Plan will not provide coverage for procedures, restorations and appliances to increase vertical dimension or to restore occlusion.

(25) **Replacement of Prosthetic Devices.** The Plan will not provide coverage for replacement of a lost, missing or stolen prosthetic device. Coverage will not be provided for replacement of a prosthetic device for which benefits were provided under this Plan unless the existing prosthetic was placed more than five (5) years ago and cannot be made serviceable.
(26) **Services Charged by other Providers.** The Plan will not provide coverage for services of Health Care Professionals if fees or charges therefore are claimed by Hospitals, clinical laboratories or other institutions.

(27) **Services Starting Before Coverage Begins.** The Plan will not provide coverage for any service or care you receive prior to the effective date of your coverage under this Plan.

(28) **Services Starting or Continuing After Coverage Terms.** The Plan will not provide coverage for any service or care you received after the termination date of your coverage under this Plan.

(29) **Special Charges.** The Plan will not provide coverage for charges billed to you for telephone consultations, missed appointments, new patient processing, interest, copies of provider records, or completion of claim forms.

(30) **Temporomandibular Joint.** The Plan will not provide coverage for appliances, therapy, surgery or any services rendered for the medical and dental treatment of the temporomandibular joint.

(31) **Unlicensed Provider.** The Plan will not provide coverage for any service or care that is provided or prescribed by an unlicensed provider; or that is outside the scope of licensure of the duly licensed provider rendering the service or care.

(32) **Workers’ Compensation.** The Plan will not provide coverage for any service or care for which benefits are provided under a workers’ compensation or similar law.
COORDINATION OF BENEFITS

This section applies only if you also have other group health benefits coverage with another plan.

(1) **When You Have Other Health Benefits.** It is not unusual to find yourself covered by two health insurance contracts, plans, or policies (“plans”) providing similar benefits both issued through or to groups. When that is the case and you receive an item of service that would be covered by both plans, the Plan will coordinate benefit payments with any payment made under the other plan. One plan will pay its full benefit as the primary plan. The other plan will pay secondary benefits if necessary to cover all or some of your remaining expenses. This prevents duplicate payments and overpayments. The following are considered to be a health insurance plan:

(a) Any group or blanket insurance contract, plan, or policy, including HMO and other prepaid group coverage, except that blanket school accident coverage or such coverage offered to substantially similar groups (e.g., Boy Scouts, youth groups) shall not be considered a health insurance contract, plan or policy;

(b) Any self-insured or noninsured plan, or any other plan arranged through any employer, trustee, union, employer organization or employee benefit organization;

(c) Any Blue Cross, Blue Shield or other service type group plan;

(d) Any coverage under governmental programs or any coverage required or provided by any statute. However, Medicaid and any plan whose benefits are, by law, excess to those of any private insurance plan or other non-governmental plan shall not be considered health insurance policies; and

(e) Medical benefits coverage in group and individual mandatory automobile "no-fault" and traditional "fault" type contracts.

(2) **Rules to Determine Payment.** In order to determine which plan is primary, certain rules have been established. The first of the rules listed below which applies shall determine which plan shall be primary:

(a) If the other plan does not have a provision similar to this one, then it will be primary;

(b) If you are covered under one plan as an employee, subscriber, or primary member and you are only covered as a dependent under the other plan, the plan which covers you as an employee, subscriber, or primary member will be primary; or

(c) Subject to the provisions regarding separated or unmarried parents below, if you are covered as a child under both plans, the plan of the
parent whose birthday (month and date) falls earlier in the year is primary. If both parents have the same birthday, the plan that covered the parent longer is primary. If the other plan does not have the rule described immediately above, but instead has a rule based on gender of a parent and, as a result, the plans do not agree on which shall be primary, then the father’s plan will be primary.

(d) There are special rules for a child of separated or unmarried parents:

i. If the terms of a court decree specify which parent is responsible for the health care expenses of the child, and that parent’s plan has actual knowledge of the court decree, then that parent’s plan shall be primary.

ii. If no such court decree exists or if the plan of the parent designated under such a court decree as responsible for the child’s health care expenses does not have actual knowledge of the court decree, benefits for the child are determined in the following order:

   a. First, the plan of the parent with custody of the child;

   b. Then, the plan of the spouse of the parent with custody of the child;

   c. Finally, the plan of the parent not having custody of the child.

(e) If you are covered under one of the plans as an active employee, neither laid-off nor retired, or as the dependent of such an active employee, and you are covered as a laid-off or retired employee or a laid-off or retired employee’s dependent under the other plan, the plan covering you as an active employee will be primary. However, if the other plan does not have this rule in its coordination of benefits provision, and as a result the plans do not agree on which shall be primary, this rule shall be ignored.

(f) If none of the above rules determine which plan shall be primary, then the plan that has covered you for the longest time will be primary.

(3) Payment of the Benefit When The Plan Is Secondary. When the Plan is secondary, the benefits of the Plan will be reduced so that the total benefits payable under the other plan and the Plan do not exceed the Allowed Amount for an item of service. However, the Plan will not pay more than it would have paid if it were primary.

The Plan counts as actually paid by the primary plan any items of expense that would have been paid if you had made the proper and timely claim. The Employer and/or the Claims Administrator will request information from that plan so the Claims Administrator can process your claims. If the primary plan does not respond within 30 days, the Claims Administrator may assume that the primary plan’s benefits are the same as the Plan’s. If the primary plan sends the information after 30 days, the Plan will adjust its payment, if necessary.
Although it is not a requirement of this section, when you have coverage under more than one health plan, you can help to maximize the benefits available to you by following the rules and protocols of both the primary and secondary plans.

(4) **Right to Receive and Release Necessary Information.** The Plan, the Employer and the Claims Administrator have the right to release or obtain information that they believe necessary to carry out the purpose of this section. The Plan, the Employer and the Claims Administrator need not tell you or obtain anyone’s consent to do this except as required by Article 25 of the New York General Business Law. The Plan, the Employer and the Claims Administrator will not be legally responsible to you or anyone else for releasing or obtaining this information. You must furnish any information that the Plan, the Employer and the Claims Administrator request. If you do not furnish the information, the Plan has the right to deny payments.

(5) **Payments to Others.** The Plan may repay to any other person, insurance company or organization the amount which it paid for your Covered Services and which the Employer and/or the Claims Administrator decide the Plan should have paid. These payments are the same as benefits paid.

(6) **The Plan’s Right to Recover Overpayment.** In some cases the Plan may have made payment even though you had coverage under another plan. Under these circumstances, it will be necessary for you to refund to the Plan the amount by which it should have reduced the payment it made. The Plan also has the right to recover the overpayment from the other health benefits plan if the Plan has not already received payment from that other plan. You must sign any document that the Employer and/or the Claims Administrator deems necessary to help the Plan recover any overpayment.
SUBROGATION/REIMBURSEMENT PROVISION

The purpose of the Plan is to provide benefits for expenses that are not covered by another party. All payments made under the Plan are conditioned on the understanding that the Plan will be repaid (either through reimbursement or subrogation) for benefits that related to an illness, injury or health condition for which you (or your estate, legal guardian or legal representative), may have or assert for a tort or contractual recovery. Recovery rights apply to any sums you receive by settlement, verdict, or otherwise for the illness, injury or health condition.

The Plan is always secondary to any recovery you make from Worker’s Compensation (no matter how the settlement or award is characterized for damages) and is always secondary to any automobile coverage for first party benefits.

If you assert a claim against or receive money from another responsible person or insurance company or other party in connection with an illness, injury or health condition for which you have received benefits under the Plan, you must contact the Employer immediately.

The Plan will be subrogated to all claims, demands, actions and rights of recovery against any entity including, but not limited to, third parties and insurance companies and carriers (including your own). The amount of such subrogation will equal the total amount paid under the Plan arising out of the illness, injury or health condition that is the basis for any claim you (or your estate, legal guardian or legal representative) may have or assert. The Plan may assert its subrogation rights independently of you or it may choose to assert its reimbursement rights against your recovery.

The Plan has the right to reimbursement to the extent of benefits paid related to the illness, injury or health condition from any recovery you may receive from these sources regardless of how your recovery is characterized or regardless of whether medical expenses are specifically included in your recovery. The Plan shall recover the full amount of benefits advanced and paid for the illness, accident, or injury without regard to any claim or fault on your part.

The Plan’s subrogation and reimbursement rights are a first priority lien on any recovery meaning the Plan is entitled to recover up to the full amount of benefits it has paid without regard to whether you (or your estate, legal guardian or legal representative) have been made whole or received full compensation for your other damages and without regard to any legal fees or costs that you (or your estate, legal guardian or legal representative) have paid or owe. In other words, the Plan’s right of recovery shall not be reduced due to the “Double Recovery Rule”, “Made Whole Rule”, “Common Fund Rule” or any other legal or equitable doctrine. The Plan’s right of recovery takes preference over any other claims against the recovery and is enforceable regardless of how settlement proceeds are characterized.

You (or your estate, legal guardian or legal representative or other person acting on your behalf) must hold recovery funds from any person or party in constructive trust for the benefit of the Plan.
You agree to cooperate with the Plan’s reimbursement and subrogation rights as the Plan may request and you agree not to prejudice the Plan’s rights under this provision in any manner.
CLAIM AND APPEAL PROCEDURES

You or your provider must submit a claim form before reimbursement for an eligible expense can be paid. Claim forms are available from the Plan Administrator or the Claims Administrator.

When submitting a claim form, include:

(1) The name of the patient;
(2) The name, address, telephone number and tax identification number of the provider;
(3) The name of the Employee;
(4) Employee, member, or subscriber ID number as applicable;
(5) The place where the services were rendered;
(6) The diagnosis and procedure codes;
(7) The amount of charges;
(8) The name of the Plan; and
(9) The date of service.

Payments will be made directly to Participating Providers. Payments for services rendered by a Non-Participating Provider may be made payable to the Employee.

Submit claim forms to the Claims Administrator at:

Excellus Health Plan, Inc.
P.O. Box 21146
Eagan, MN 55121

Procedures for all Claims
The Plan’s claim and appeals procedures (as a non-grandfathered plan for purposes of the federal health care reform law) are intended to reflect the applicable provisions of the final regulations of the U.S. Department of Labor codified at 29 C.F.R. §2590.715-2719 (or corresponding regulations issued by the Departments of Treasury or Health and Human Services) and to the extent required by those regulations, these procedures also incorporate applicable requirements of final regulations issued by the Department of Labor and codified at 29 C.F.R. §2560.503-1.

To receive benefits under the Plan, you or your authorized representative must follow the procedures outlined in this section. There are four (4) different types of claims: (1) Post-service claims; (2) Pre-service claims; (3) Concurrent care claims; and (4) Urgent care claims.
**Post-Service Claims**

Post-service claims are those claims that are filed for payment of benefits after health care has been received. If your post-service claim is denied, you will receive a written notice from the Claims Administrator within 30 days of receipt of the claim, as long as all needed information was provided with the claim. This 30-day period may be extended by the Claims Administrator for up to 15 days. In addition, the Claims Administrator will notify you within the initial 30-day period if additional information is required to process the claim, and will put your claim on hold until all information is received.

Once notified of the extension and the additional information required to process the claim, you have 45 days to provide the required information. If all of the required information is received within the 45-day time frame and the claim is denied, the Claims Administrator will notify you of the denial within 15 days after the information is received. If you do not provide the needed information within the 45-day period, your claim will be denied.

**Pre-Service Claims**

Pre-service claims are those claims that require notification or approval prior to receiving health care. If your claim was a pre-service claim, and was submitted properly with all needed information, you will receive written notice of the claim decision (whether or not adverse) from the Claims Administrator within 15 days of receipt of the claim.

If the Claims Administrator determines, in its discretion, that special circumstances require an extension of time for processing the claim, a written or electronic extension notice indicating the special circumstances requiring the extension of time and the date by which the Claims Administrator expects to render a decision shall be furnished to you prior to the end of the initial 15-day period. Such an extension generally will not exceed 15 days. However, if the extension is necessary because of your failure to provide required information you shall have 45 days to provide the information.

If all of the needed information is received within the 45-day time frame, the Claims Administrator will notify you of the determination within 15 days after the information is received. If you do not provide the needed information within the 45-day period, your claim will be denied.

**Urgent Care Claims**

Urgent care claims are those claims that require notification or approval prior to receiving medical care, where a delay in treatment could seriously jeopardize your life or health or the ability to regain maximum function or, in the opinion of a doctor with knowledge of your health condition, could cause severe pain. In these situations:

1. You will receive notice of the benefit determination (whether or not adverse) in writing or electronically as soon as possible, but not later than 72 hours after the Claims Administrator receives all necessary information, taking into account the seriousness of your condition.

2. However, if your urgent care claim is missing required information, the Claims Administrator will notify you of the omission and how to correct it within 24 hours.
after the urgent care claim was received. You will then have 48 hours to provide the requested information.

You will be notified of a determination no later than 48 hours after the earlier of:

(1) The Claims Administrator’s receipt of the requested information; or

(2) The end of the 48-hour period within which you were to provide the additional information requested.

**Concurrent Care Claims**

If an ongoing course of treatment was previously approved for a specific period of time or number of treatments, and your request to extend the treatment is an urgent care claim as defined above, your request will be decided by the Claims Administrator within 24 hours of the receipt of your request, provided your request is made at least 24 hours prior to the end of the approved treatment. If your request for extended treatment is not made at least 24 hours prior to the end of the approved treatment, the request will be treated as an urgent care claim and decided according to the time frames described above.

If an ongoing course of treatment was previously approved for a specific period of time or number of treatments, and you request to extend treatment in a non-urgent circumstance, your request will be considered a new claim and decided according to post-service or pre-service time frames, whichever applies.

If an ongoing course of treatment was previously approved for a specific period of time or number of treatments, and the Claims Administrator reduces or terminates such course of treatment (other than by Plan amendment or termination) before the end of such period of time or number of treatments, the Claims Administrator shall notify you (sufficiently in advance of the termination or reduction to appeal the decision and obtain a determination upon review of the decision) before the course of treatment is reduced or terminated.

**Notice of Adverse Benefit Determination**

If a claim is wholly or partially denied, or if a rescission of coverage occurs, the Claims Administrator will furnish the Plan participant with a written notice of the adverse benefit determination. The written notice will contain the following information:

(1) the specific reason or reasons for the adverse benefit determination;

(2) specific reference to those Plan provisions on which the adverse benefit determination is based;

(3) a description of any additional information or material necessary to complete the claim and an explanation of why such material or information is necessary;

(4) notice that you have the right to request a review of the claim denial and information on the steps to be taken if you wish to request a review of the claim denial along with the time limits applicable to a request for review;
(5) A statement describing your right to bring an action under ERISA Section 502(a);

(6) In the case of an adverse benefit determination by the Plan:

(a) If an internal rule, guideline, protocol, or other similar criterion was relied upon in making the adverse benefit determination, either (1) the specific rule, guideline, protocol, or other similar criterion; or (2) a statement that such a rule, guideline, protocol, or other similar criterion was relied upon in making the adverse benefit determination and that a copy of such rule, guideline, protocol, or other criterion will be provided to you free of charge upon request;

(b) If the adverse benefit determination is based on a Medical Necessity or experimental treatment or similar exclusion or limit, either (1) an explanation of the scientific or clinical judgment for the determination, applying the terms of the Plan to your medical circumstances, or (2) a statement that such explanation will be provided free of charge upon request.

(7) In the case of an adverse benefit determination concerning a claim involving urgent care, a description of the expedited review process applicable to such claims.

Appealing a Denied Claim

If you disagree with a claim determination after following the above steps, you can contact the Claims Administrator in writing to formally request an appeal. In your appeal, you may submit written comments, documents, records, and other information relating to your claim for benefits. You shall be provided, upon request and free of charge, reasonable access to, and copies of, all documents, records, and other information relevant to your claim for benefits.

The review of your claims shall take into account all comments, documents, records, and other information you submit, without regard to whether such information was submitted or considered in the initial benefit determination. With respect to a claim for benefits under a group health plan, the Plan will identify, upon request to the Claims Administrator, any medical experts whose advice was obtained on behalf of the Plan in connection with your adverse benefit determination, without regard to whether the advice was relied upon in making the benefit determination.

If the appeal relates to a claim for payment, your request should include:

(1) The patient’s name and the identification number from the ID card,

(2) The date(s) of service(s),

(3) The provider’s name,

(4) The reason you believe the claim should be paid, and
(5) Any documentation or other written information to support your request for claim payment.

You have 180 days after you receive notice of the initial denial of your claim in which to request an appeal of that denial. This Plan offers two levels of appeal. You have 60 days after you receive notice of the denial of your first level appeal to request a second level appeal of that denial. You (or your authorized representative) must subject a written request for review to the following:

Excellus Health Plan, Inc.
P.O. Box 4717
Syracuse, NY 13221.
Fax Number: 1-315-671-6656

The review of your appeal shall not afford deference to the initial adverse benefit determination and shall be conducted by an appropriate named fiduciary of the Plan who is neither the individual who made the adverse benefit determination that is the subject of the appeal, nor the subordinate of such individual. In deciding an appeal that is based in whole or in part on a medical judgment, including determinations with regard to whether a particular treatment, drug, or other item is experimental, investigational, or not medically necessary or appropriate, the appropriate named fiduciary shall consult with a health care professional who has appropriate training and experience in the field of medicine involved in the medical judgment and who is neither an individual who was consulted in connection with the adverse benefit determination that is the subject of the appeal, nor the subordinate of any such individual.

The Plan will provide the claimant (i.e. you and your covered Dependents), free of charge, with any new or additional evidence considered, relied upon, or generated by the Plan (or at the direction of the Plan) in connection with the claim; such evidence will be provided as soon as possible and sufficiently in advance of the date on which the notice of final internal adverse benefit determination is required to be provided (see Timing of Notification of Benefit Determination on Review, below) to give the claimant a reasonable opportunity to respond prior to that date.

Before the Plan can issue a final internal adverse benefit determination based on a new or additional rationale, the claimant must be provided, free of charge, with the rationale; the rationale must be provided as soon as possible and sufficiently in advance of the date on which the notice of final internal adverse benefit determination is required to be provided (see Timing of Notification of Benefit Determination on Review, below) to give the claimant a reasonable opportunity to respond prior to that date.

In the case of a claim involving urgent care, you are entitled to an expedited review process pursuant to which:

(1) You may submit a request for an expedited appeal of an adverse benefit determination orally or in writing; and
All necessary information, including the Plan’s benefit determination on review, shall be transmitted between you and the Plan by telephone, facsimile, or other available similarly expeditious method.

Timing of Notification of Benefit Determination on Review
For purposes of this section, the period of time within which a benefit determination on review is required to be made shall begin at the time an appeal is filed without regard to whether all the information necessary to make a benefit determination on review accompanies the filing. If a period of time is extended as permitted below due to your failure to submit information necessary to decide a claim, the period for making the benefit determination on review shall be counted from the date on which the notification of the extension is sent to you until the date on which you respond to the request for additional information.

Appeal Process
A qualified individual who was not involved in the decision being appealed will be appointed to decide the appeal. If your appeal is related to clinical matters, the review will be done in consultation with a health care professional with appropriate expertise in the field who was not involved in the prior determination. The Claims Administrator may consult with, or seek the participation of, medical experts as part of the appeal resolution process. Your participation in the Plan includes your consent to this referral and the sharing of pertinent health claim information. Upon request and free of charge you have the right to reasonable access to and copies of, all documents, records, and other information relevant to your claim for benefits.

Appeal Determinations
(1) Pre-Service and Post-Service Claim Appeals
You will be provided with written notification of the decision on your appeal as follows:

For appeals of pre-service claims (as defined above), your appeal will be conducted and you will be notified of the decision, for each level of appeal, within 15 days from receipt of a request for appeal of a denied claim (or of the first-level appeal adverse determination).

For appeals of post-service claims (as defined above), your appeal will be conducted and you will be notified of the decision, for each level of appeal, within 30 days from receipt of a request for appeal of a denied claim or of the first-level appeal adverse determination).

(2) Urgent Claim Appeals
Your appeal may require immediate action if a delay in treatment could significantly increase the risk to your health or the ability to regain maximum function or cause severe pain. In these urgent situations:

The appeal does not need to be submitted in writing. You or your doctor should call the Claims Administrator as soon as possible. The Claims Administrator will provide you with a written or electronic determination within 72 hours following
receipt of your request for review of the determination taking into account the seriousness of your condition.

**Manner of Notification of Final Internal Adverse Benefit Determination**

The Plan shall provide a participant with written notification of a Plan’s benefit determination on review. In the case of an adverse benefit determination, the notification shall set forth, in a manner calculated to be understood by the participant:

1. The specific reason or reasons for the adverse benefit determination;
2. Reference to the specific Plan provisions on which the adverse benefit determination is based;
3. A statement that the participant is entitled to receive, upon request and free of charge, reasonable access to, and copies of, all documents, records, and other information relevant to the participant’s claim for benefits;
4. A statement describing any voluntary appeal procedures offered by the Plan and the participant’s right to obtain information about such procedures;
5. A statement of the participant’s right to bring an action under Section 502(a) of ERISA; and
6. The following information:
   - If an internal rule, guideline, protocol, or other similar criterion was relied upon in making the adverse benefit determination, either (1) the specific rule, guideline, protocol, or other similar criterion; or (2) a statement that such rule, guideline, protocol, or other similar criterion was relied upon in making the adverse determination and that a copy of the rule, guideline, protocol, or other similar criterion will be provided free of charge to the participant upon request;
   - If the adverse benefit determination is based on a medical necessity or experimental treatment or similar exclusion or limit, either (1) an explanation of the scientific or clinical judgment for the determination, applying the terms of the Plan to the participant’s medical circumstances, or (2) a statement that such explanation will be provided free of charge upon request; and
   - The following statement: “You and your Plan may have other voluntary alternative dispute resolution options, such as mediation. One way to find out what may be available is to contact your local U.S. Department of Labor Office and your State insurance regulatory agency.”

For purposes of the Plan’s claim procedures, an “adverse benefit determination” is a denial, reduction or termination of, or a failure to provide or make payment (in whole, or in part) for a benefit, including any such denial, reduction, termination or failure to provide or make payment that is based on a determination of an individual’s eligibility to
participate in the Plan and including a denial, reduction of termination of, or a failure to provide or make payment (in whole or in part) for, a benefit resulting from the application of any utilization review, as well as a failure to cover an item or service for which benefits are otherwise provided because it is determined be experimental and/or investigation or not Medically Necessary or appropriate.

Timely Claim Filing Requirement
All claims must be filed with the Plan within 12 months after you receive the services for which payment is being requested. Claims filed after this time period will be denied.

Notice Of Claim. Claims for services under this Plan must include all information designated by the Employer and/or the Claim Administrator as necessary to process the claim, including, but not limited to, identification number, name, date of birth, social security number, and supporting medical records, when necessary. A claim that fails to contain all necessary information may be denied.

Notice of Claim Determination. You will be provided an explanation of benefits when a claim is denied in whole or in part and, as a result, you incur out of pocket expenses other than any applicable Deductibles, Coinsurance, or Copayments.

Time to Sue
No action at law or in equity may be maintained against the Plan or the Claims Administrator to recover benefits under the Plan prior to the expiration of 60 days after written submission of a claim for such benefits has been furnished to the Plan as required in this Plan. In addition, no legal action may be commenced or maintained to recover benefits under the Plan more than three (3) years after the date you received the service for which you want the Plan to pay.

Appointment of Authorized Representative
An authorized representative is a person you authorize, in writing, to act on your behalf with respect to a benefit claim and/or appeal a denial of benefits. It also means a person authorized by a court order to submit a benefit claim and/or appeal a denial of benefits on your behalf. An assignment of benefits by you to a provider will not constitute appointment of that provider as your authorized representative. To appoint an authorized representative, you must complete a form that can be obtained from the Plan Administrator or the Claims Administrator. However, for a claim involving urgent care, a health care professional with knowledge of your condition may always act as your authorized representative without completion of this form.
TEMPORARY TOLLING OF CERTAIN TIMEFRAMES

Effective as of March 1, 2020, the Plan will disregard days occurring during the “Outbreak Period” (as defined below), for purposes of determining the date by which an individual (e.g., a participant, claimant, dependent, qualified beneficiary) has to:

a. elect to initially enroll in COBRA continuation coverage if the 60-day initial election period otherwise would include any day of the Outbreak Period;
b. make an initial or any subsequent COBRA premium payment if the time period (or the grace period) for making the COBRA premium payment otherwise would include any day of the Outbreak Period;
c. provide a required notice to the Plan of a COBRA qualifying event, if the time period for providing the notice otherwise would include any day of the Outbreak Period;
d. file an initial claim for benefits under the Plan if the timely filing period otherwise would include any day of the Outbreak Period; or
e. file an internal appeal in response to an adverse benefit determination if the time period for filing an internal appeal otherwise would include any day of the Outbreak Period.

In all cases where a time period referred to in (a)-(e) above began before March 1, 2020, in determining the extended time period based on the above rule, any period of time prior to March 1, 2020 will be subtracted from the time period that would apply without the extension to determine the remaining time frame in which a covered person has to act after the end of the Outbreak Period. For example, for a request to initially enroll in COBRA that is subject to a 60-day initial election period, if the initial election period started on February 15, 2020, (i) the period from February 15 through February 29 will count as the first 14 days of the 60-day period (leaving 46 days in the initial COBRA election period), (ii) the entire Outbreak Period (March 1, 2020 through February 28, 2021) will be disregarded and (iii) the initial COBRA election period will end 46 days after the end of the Outbreak Period, on April 15, 2021.

Coverage with respect to (a), (b) and (c) above, may be retroactive to the date of the qualifying event; provided the covered person makes any required premium payments prior to the end of the extended time period provided for above.

For purposes of this section, the “Outbreak Period” is the period beginning on the later of (1) March 1, 2020 or (2) the “Applicable Event Date” (as defined below) and ending on the earlier of (A) one year from the Applicable Event Date or (B) 60 days after the announced end of the “National Emergency” described in the next sentence (or on a different date announced by the Internal Revenue Service and the Employee Benefits Security Administration (the “Agencies”)) and will be interpreted to be consistent with the meaning of that term under the Notice issued by the Agencies and published in the Federal Register on May 4, 2020 (and any subsequent guidance from the Agencies). The “National Emergency” for this purpose is the National Emergency declared on March 13, 2020 (with a March 1, 2020 effective date) as a result of the COVID-19 outbreak. If the National
Emergency is determined by the Agencies to end on different dates in different parts of the country, the Outbreak Period with respect to a specific event or all events, if applicable, will be interpreted to end on the date that is determined by the Plan Administrator to be appropriate for the Plan. In no case will the Outbreak Period for any event last longer than one year or begin before March 1, 2020 or after the date described in (B) above.

For purposes of this section, the “Applicable Event Date” is determined under the following chart, based on which event (from events (a) through (e) above) has occurred:

<table>
<thead>
<tr>
<th>Event</th>
<th>Event type</th>
<th>Applicable Event Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a)</td>
<td>Initial COBRA election</td>
<td>First day of 60-day COBRA election period</td>
</tr>
</tbody>
</table>
| (b)   | Initial COBRA payment  
Monthly COBRA payment | First day of 45-day initial payment period  
First day of 30-day payment grace period |
| (c)   | COBRA qualifying event notice | First day of 60-day period for providing notice |
| (d)   | Initial claim | Date of claim |
| (e)   | Internal appeal | Date of receipt of claim denial |
GENERAL PROVISIONS

Assignment of Benefits
You cannot assign any benefits or monies due under the Plan to any person, corporation or other organization. Any assignment by you will be void. Assignment means the transfer to another person or to an organization of your right to the services provided under this Plan or your right to collect money from it for those services. A direct payment by the Plan to a person or entity that provides medical services to a Plan participant shall not be treated as a waiver of this provision. Additionally, a medical service provider shall not have any standing to bring a claim for benefits against the Plan, a Plan fiduciary, the Plan Administrator, or the Employer with respect to the services it provides to a Plan participant.

Notice. Any notice that the Plan Administrator or the Claims Administrator give to you under this Plan will be mailed to your address as it appears on such entities records or to the address of the Plan Administrator. If you have to give the Plan Administrator or Claims Administrator any notice, it should be mailed to the address listed Definitions section of this booklet.

Your Dental Records. In order to provide your coverage under this Plan, it may be necessary for the Plan Administrator and/or the Claims Administrator to obtain your medical records and information from Facilities, Health Care Professionals, Providers of Additional Health Services, and pharmacy who provided services to you. Actions to provide that coverage include processing your claims, reviewing grievances or complaints involving your care, and quality assurance reviews of your care, whether based on a specific complaint or a routine audit of randomly selected cases. When you become covered under this Plan, you automatically give the Plan Administrator and/or the Claims Administrator permission to obtain and use those records for those purposes.

The Plan Administrator and the Claims Administrator agree to maintain that information in accordance with state and federal confidentiality requirements. However, you automatically give the Plan Administrator and the Claims Administrator permission to share that information with the New York State Department of Health, quality oversight organizations and third parties with which the Plan Administrator and the Claims Administrator contract to assist them in administering this Plan, so long as they also agree to maintain the information in accordance with state and federal confidentiality requirements.

Who Receives Payment under this Plan. Payments under this Plan for service provided by a Participating Provider will be made directly by the Plan (or by the Claims Administrator on behalf of the Plan) to the provider. If you receive services from a Non-Participating Provider, payment may be made to either you or the provider at the option of the Plan Administrator or the Claims Administrator.

Venue for Legal Action. If a dispute arises under this Plan, it must be resolved in Federal court, or a court located in the State of New York. You agree not to start a lawsuit against the Plan or the Claims Administrator in a court anywhere else. You also
consent to these courts having personal jurisdiction over you. That means that, when
the proper procedures for starting a lawsuit in those courts have been followed, the
courts can order you to defend any action the Plan or Claims Administrator brings
against you.

**Choice of Law.** All disputes relating to this Plan shall be governed by Federal law and,
as applicable, the laws of the State of New York, to the extent not pre-empted by
ERISA.

**Recovery of Overpayments.** On occasion a payment will be made when you are not
Covered, for a service that is not Covered, or which is more than is proper. When this
happens the Plan Administrator and/or the Claims Administrator will explain the
problem to you and you must return the amount of the overpayment within 60 days after
receiving notification.

**Right to Offset.** If the Plan makes a claim payment to you or on your behalf in error or
you owe the Plan any money, you must repay the amount you owe. If the Plan owes
you a payment for other claims received, the Plan has the right to subtract any amount
you owe to the Plan from any payment the Plan owes you.

**Agreements between the Claims Administrator and Participating Providers.** Any
agreement between the Claims Administrator and Participating Providers may only be
terminated by the Claims Administrator or the providers. This Plan and the Claims
Administrator do not require any provider to accept a Covered Person as a patient.
Neither the Plan, nor the Employer nor the Claims Administrator guarantees a Covered
Person’s admission to any Participating Provider or any health benefits program.

**Identification Cards.** Identification cards are issued for identification only. Possession
of any identification card confers no right to services or benefits under this Plan. To be
entitled to such services or benefits the Covered Person’s contributions must be paid in
full at the time that the services are sought to be received. Coverage under this Plan
may be terminated if the Covered Person allows another person to wrongfully use the
identification cards.

**Right to Develop Guidelines and Administrative Rules.** The Plan Administrator
and/or the Claims Administrator may develop or adopt standards that describe in more
detail when payment will or will not be made under this Plan. Examples of the use of
the standards are: to determine whether Hospital inpatient care was Medically
Necessary; whether emergency care in the outpatient department of a Facility was
necessary; or whether certain services are Skilled Care. Those standards will not be
contrary to the descriptions in this Plan. If you have a question about the standards
that apply to a particular benefit, you may contact the Claims Administrator and it will
explain the standards or send you a copy of the standards. The Employer, Plan
Administrator and/or the Claims Administrator may also develop administrative rules
pertaining to enrollment and other administrative matters. The Plan Administrator
and/or the Claims Administrator shall have all the powers necessary or appropriate to
enable them to carry out their duties in connection with the administration of their
respective duties under this Plan. Any actions or decisions made by the Plan
Administrator and/or the Claims Administrator are binding unless arbitrary, capricious or made in bad faith.

**Furnishing Information and Audit.** All persons Covered under this Plan will promptly furnish the Plan Administrator and/or the Claims Administrator with all information and records that they may require from time to time to perform their obligations under this Plan. You must provide the Claims Administrator with information over the telephone for reasons such as the following: to allow the Claims Administrator to determine the level of care you need; so that the Claims Administrator may certify care authorized by your physician; or to make decisions regarding the Medical Necessity of your care.

**Enrollment.** The Employer will develop and maintain complete and accurate payroll records, as well as any other records of the names, addresses, ages and social security numbers of all Covered Persons Covered under this Plan, and any other information required to confirm their eligibility for coverage. The Employer will provide the Claims Administrator with the enrollment information including your name, address, age and social security number and advise the Claims Administrator in writing when you are to be added to or subtracted from the list of Covered Persons, on a monthly basis. In no event will retroactive additions to or deletions from coverage be made for periods in excess of 30 days.

**Reports and Records.** The Plan Administrator and the Claims Administrator are entitled to receive from any provider of services to Covered Persons, information reasonably necessary to administer this Plan subject to all applicable confidentiality requirements as defined in the General Provisions section of this booklet. By accepting coverage under this Plan, the Employee of the Employer, for himself or herself, and for all Covered Dependents Covered hereunder, authorizes each and every provider who renders services to a Covered Person hereunder to:

1. Disclose all facts pertaining to the care, treatment and physical condition of the Covered Person to the Plan Administrator and/or the Claims Administrator, or a medical, dental, or mental health professional that the Plan Administrator and/or the Claims Administrator may engage to assist the Plan Administrator and the Claims Administrator in reviewing a treatment or claim, or in connection with a complaint or quality of care review;

2. Render reports pertaining to the care, treatment and physical condition of the Covered Person to the Plan Administrator and/or the Claims Administrator, or a medical, dental, or mental health professional, that the Plan Administrator and/or the Claims Administrator may engage to assist the Claims Administrator in reviewing a treatment or claim; and

3. Permit copying of the Covered Person’s records by the Plan Administrator and the Claims Administrator.

**Inability to Provide Service.** In the event that due to circumstances not within the reasonable control of Excellus BlueCross BlueShield or the Employer, including but not limited to, major disaster, epidemic, complete or partial destruction of facilities, riot, civil insurrection, disability of a significant part of the network, the rendition of medical or
Facility benefits or other services provided under this Plan is delayed or rendered impractical. Excellus BlueCross BlueShield and the Employer shall not have any liability or obligation on account of such delay or failure to provide services, except to refund the amount of the unearned prepaid contributions held by the Employer or the Plan on the date such event occurs. Excellus BlueCross BlueShield and the Employer are required only to make a good-faith effort to provide or arrange for the provision of services, taking into account the impact of the event.

**Continuation Of Benefit Limitations.** Some of the benefits under the Plan are limited to a specific number of visits, and/or subject to a Deductible. You will not be entitled to any additional benefits if your coverage status should change during the Calendar Year. For example, if your coverage status changes from covered family member to Employee of the Employer, all benefits previously utilized when you were a covered family member will be applied toward your new status as an Employee of the Employer.

**Who May Change This Plan.** The Plan may not be modified; amended; or changed, except in writing, and signed by the Chief Operating Officer (“COO”) of the Plan Sponsor or a person duly authorized in writing by the COO of the Plan Sponsor to make changes to this Plan. No employee; agent; or other person is authorized to interpret; amend; modify; or otherwise change the Plan in a manner that expands or limits the scope of coverage; or the conditions of eligibility; enrollment; or participation, unless in writing and signed by the COO of the Plan Sponsor or by a person duly authorized in writing by the COO of the Plan Sponsor.

**Service Marks.** Excellus Health Plan, Inc. ("Excellus") is an independent corporation organized under the Insurance Law of New York State. Excellus also operates under licenses with the Blue Cross and Blue Shield Association, an Association of Independent Blue Cross and Blue Shield Plans, which licenses Excellus to use the Blue Cross and Blue Shield service marks in a portion of New York State. Excellus does not act as an agent of the Blue Cross and Blue Shield Association. Excellus is solely responsible for its obligations created under the Administrative Service Contract between the Employer and Excellus.

**Qualified Medical Child Support Orders:** The Plan provides medical benefits in accordance with the applicable requirements of any “Qualified Medical Child Support Order” as required under ERISA. A Qualified Medical Child Support Order is any judgment, decree, or order (including approval of a property settlement agreement) issued by either a court of competent jurisdiction or through an administrative ruling that has the force and effect of state law which:

1. Relates to the provision of Child support with respect to the Child of an Employee or COBRA Beneficiary under this Plan or provides for health benefit coverage to such a Child, and is made pursuant to a state domestic relations law (including a community property law), and relates to such coverage under this Plan, or

2. Enforces a law relating to medical Child support described in Section 1908 of the Social Security Act with respect to this Plan, and which creates or recognizes the existence of an alternate recipient's right to, or assigns to an
alternate recipient the right to receive benefits payable with respect to a beneficiary under this Plan. For purposes of this section, an "alternate recipient" shall mean any Child of an Employee or COBRA Beneficiary who is recognized by a Qualified Medical Child Support Order as having a right to enrollment under a group health plan with respect to such an Employee or COBRA Beneficiary, and

(3) Satisfies the requirements of Section 609 of ERISA.

A procedure has been established to determine if a Qualified Medical Child Support Order exists. You may obtain a copy of the procedure at no charge from your Employer.

The Genetic Information Nondiscrimination Act of 2008 (GINA). GINA is a federal law that prohibits discrimination in group health plan coverage based on Genetic Information. This Plan is maintained and operated in a manner consistent with GINA.