

2021 Well-U Program Eligibility

The University of Rochester offers health & wellness programs for employees. This document provides a brief overview of these programs and their corresponding eligibility.

PROGRAMS	Faculty, staff, residents, fellows and spouses/domestic partners enrolled in a University Health Care Plan†	Postdocs and spouses/domestic partners enrolled in a University-Sponsored Health Care Plan	Regular full-time/part-time faculty and staff (including SEIU members) not enrolled in a University Health Care Plan
Personal Health Assessment (PHA) & Biometric Screening	Eligible (plus incentive)		
Lifestyle Management Programs	Eligible (plus incentive)		
Condition Management Coaching	Eligible (plus incentive)		
Condition Management Rx/Dx Discount	Eligible		
Wellness Programs*	Eligible		
UR Medicine EAP**	Eligible		
Behavioral Health Partners (BHP)***	Eligible		

† Including non-Medicare eligible retirees and spouses/domestic partners enrolled in a University Health Care Plan.

* Wellness programs can be found on page 10 of this catalog and online at rochester.edu/totalrewards/well-u.

** Eligibility for UR Medicine EAP includes all employees and their immediate family members.

*** Eligibility for Behavioral Health Partners (BHP) includes regular full-time and part-time faculty, staff, residents and fellows age 18 or older, non-Medicare eligible retirees enrolled in a University Health Care Plan, as well as spouses/domestic partners and dependent children of active employees or non-Medicare eligible retirees who are 18 or older and are enrolled in a University Health Care Plan. SEIU 1199 and SEIU Local 206 Union employees are not eligible for Behavioral Health Partners (BHP).

The Employee Assistance Program for faculty and staff of the University of Rochester includes only UR Medicine EAP. The Personal Health Assessment, biometric screenings, lifestyle management programs, condition management coaching, Behavioral Health Partners (BHP), are part of the University Health Care Plan.

This document provides only a summary of some of the features of this plan. Detailed information on the plan is available on the Total Rewards website, www.rochester.edu/totalrewards, or a paper copy of the information is available for free from the Office of Total Rewards. The University reserves the right to modify, amend, or terminate the plan or programs at any time, including actions that may affect coverage, cost-sharing or covered benefits, as well as benefits that are provided to current and future retirees.

Individuals represented by collective bargaining agreements receive benefits in accordance with those agreements.

Eligible participants can receive up to \$325 per calendar year.

Earn \$125 for completing your Personal Health Assessment & biometric screening

Earn \$100 for completing a lifestyle management program

Earn \$100 for completing condition management coaching, if eligible