Coverage Period: 09/01/2023 – 12/31/2023 Coverage for: Employee + Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://www.rochester.edu/totalrewards">www.rochester.edu/totalrewards</a> or by calling 1-585-275-2084. For general definitions of common terms, such as allowed amount, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">www.cciio.cms.gov</a> or <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 1-585-275-2084 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Accountable Health Partners (AHP): \$500/Employee (EE) Only or \$1,250/EE + Family (FAM)  For in network providers: \$1,250/ EE Only or \$3,125/ FAM  For out-of-network providers: \$3,000/ EE Only or \$9,000/ FAM	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. In network preventive care and primary care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount.  But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	*Salary < \$64,900: AHP: \$2,000/EE Only or \$4,000/FAM; in network providers: \$3,000/ EE Only or \$5,500/ FAM; out-of- network providers: \$5,000/ EE Only or \$10,000/ FAM *Salary > \$64,900: AHP: \$2,750/EE Only or \$5,500/FAM; in network providers: \$4,250/ EE	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.

Important Questions	Answers	Why This Matters:
	Only or \$8,500/ FAM; <u>out-of-network providers</u> : \$6,500/ EE Only or \$13,000/ FAM	
What is not included in the out-of-pocket limit?	Penalties for failure to obtain preauthorization for certain services, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.excellusbcbs.com">www.excellusbcbs.com</a> or <a href="https://www.excellusbcbs.com">www.excellusbcbs.com</a> or <a href="https://creativecommons.org/call-1-888-457-7463">call 1-888-457-7463</a> (AHP) or <a href="https://www.excellusbcbs.com">1-800-659-2808</a> (Excellus) for a list of <a href="https://www.excellusbcbs.com">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You pay the least if you use a <u>provider</u> in the AHP network. You pay more if you use an <u>innetwork provider</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.rochester.edu/totalrewards</u>.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

	What You Will Pay				
Common Medical Event	Services You May Need	Accountable Health Partners Provider (You will pay the least)	Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$20 copay/office visit; deductible does not apply	\$35 <u>copay</u> /office visit; <u>deductible</u> does not apply	40% coinsurance	None
If you visit a health care provider's office or clinic	Specialist visit	\$35 <u>copay</u> /office visit; <u>deductible</u> does not apply	\$65 <u>copay</u> /office visit; <u>deductible</u> does not apply	40% coinsurance	None
or chine	Preventive care/screening/ immunization	No charge; deductible does not apply	No charge; deductible does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	10% coinsurance	25% coinsurance	40% coinsurance	Imaging services: <u>Preauthorization</u> is required (Does not apply to AHP Network). If you don't get
If you have a test	Imaging (CT/PET scans, MRIs)	10% coinsurance	25% coinsurance	40% coinsurance	preauthorization, benefits could be reduced by 50% of the total cost of the service or \$500, whichever is less.
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available	Generic drugs	Not covered	\$15 copay/prescription (retail order); deductible does not apply \$37.50 copay/prescription (mail order); deductible does not apply	Not covered	Covers up to a 30-day supply (retail subscription); 31-90 day supply (mail order prescription).  Includes contraceptive drugs & devices obtainable from a pharmacy, oral & injectable fertility drugs. No charge for preferred generic FDA-approved women's contraceptives; deductible does not apply.  Certain prescription drugs require preauthorization.
at www.excellusbcbs.com	Preferred brand drugs	Not covered	20% coinsurance with minimum (min) & maximum (max)/prescription; deductible does not	Not covered	If you don't get <u>preauthorization</u> , your <u>prescription</u> <u>drug</u> will not be covered. Review your formulary for prescriptions requiring <u>preauthorization</u> or step therapy.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.rochester.edu/totalrewards</u>.

		What You Will Pay			
Common Medical Event	Services You May Need	Accountable Health Partners Provider (You will pay the least)	Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
			apply \$25 min & \$60 max (retail), \$62.50 min & \$150 max (mail order)		The <u>plan</u> requires pharmacies to dispense generic drugs, when available. If you or your provider chooses a higher cost drug instead of the generic equivalent, you will be required to pay the applicable <u>cost-sharing</u> for the higher cost drug,
	Non-preferred brand drugs	Not covered	35% coinsurance; deductible does not apply \$50 min & \$120 max (retail), \$125 min & \$300 max (mail order)	Not covered	plus the cost-difference between the generic drug and the higher cost drug. This cost difference will not apply to your <u>out-of-pocket limit</u> .  All <u>specialty drugs</u> must be obtained from a Designated Pharmacy. Coverage will not be provided for <u>specialty drugs</u> obtained at any other pharmacy. More information should provide drugs.
	Specialty drugs (Tier 4)	Not covered	Applicable cost as noted above for generic or brand drugs	Not covered	pharmacy. More information about specialty drug coverage is available at: <a href="https://www.excellusbcbs.com">www.excellusbcbs.com</a> .  For certain specialty drugs, you must confirm enrollment in the SaveonSP program by calling 1-800-683-1074. Specialty drugs available through the SaveonSP program are considered non-essential; therefore, if you fail to confirm your enrollment in the SaveonSP program, any cost-sharing you pay for specialty drugs available through such program will not count toward your out-of-pocket limit.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% <u>coinsurance</u>	10% coinsurance: ambulatory surgery center; 25% coinsurance: all other facilities	40% coinsurance	None
	Physician/surgeon fees	10% coinsurance	25% coinsurance	40% coinsurance	None
If you need immediate	Emergency room	10% coinsurance	10% coinsurance	10% coinsurance	Emergency room care: No coverage for non-

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.rochester.edu/totalrewards</u>.

			What You Will Pay		
Common Medical Event	Services You May Need	Accountable Health Partners Provider (You will pay the least)	Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
medical attention	<u>care</u>				emergency use.
	Emergency medical transportation	10% coinsurance	10% coinsurance	10% coinsurance	
	Urgent care	10% coinsurance	25% coinsurance	40% coinsurance	
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance	25% coinsurance	40% coinsurance	Preauthorization is required for out-of-network providers. If you don't get preauthorization, benefits could be reduced by 50% of the total cost of the service or \$500, whichever is less.
	Physician/surgeon fees	10% coinsurance	25% coinsurance	40% coinsurance	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$20 copay/office visit, deductible does not apply, and 10% coinsurance for other outpatient services	\$20 copay/office visit, deductible does not apply, and 10% coinsurance for other outpatient services	40% coinsurance	Outpatient services provided by Behavioral Health Partners (BHP) covered at no charge; deductible does not apply.
	Inpatient services	10% coinsurance	10% coinsurance	40% coinsurance	
	Office visits	No charge; deductible does not apply	No charge; deductible does not apply	40% coinsurance	Cost sharing does not apply for preventive services. Depending on the type of services, a coinsurance may apply. Maternity care may include
If you are pregnant	Childbirth/delivery professional services	10% coinsurance	25% coinsurance	40% coinsurance	tests and services described elsewhere in the SBC (i.e., ultrasound).
	Childbirth/delivery facility services	10% coinsurance	25% coinsurance	40% coinsurance	Preauthorization is required for out-of-network providers. If you don't get preauthorization, benefits could be reduced by 50% of the total cost of the service or \$500, whichever is less.
If you need help recovering or have	Home health care	10% coinsurance	25% coinsurance	40% coinsurance	<u>Preauthorization</u> is required for <u>out-of-network</u> <u>providers</u> . If you don't get <u>preauthorization</u> , benefits

<sup>\*</sup> For more information about limitations and exceptions, see the  $\underline{\text{plan}}$  or policy document at  $\underline{\text{www.rochester.edu/totalrewards}}$ .

			What You Will Pay	II Pay		
Common Medical Event	Services You May Need	Accountable Health Partners Provider (You will pay the least)	Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
other special health needs					could be reduced by 50% of the total cost of the service or \$500, whichever is less.	
	Rehabilitation services	\$35 <u>copay</u> /visit; <u>deductible</u> does not apply	\$65 <u>copay</u> /visit; <u>deductible</u> does not apply	40% coinsurance	45 visits/year. Includes physical therapy, speech therapy, and occupational therapy combined,	
	Habilitation services	\$35 <u>copay</u> /visit; <u>deductible</u> does not apply	\$65 <u>copay</u> /visit; <u>deductible</u> does not apply	40% coinsurance	including outpatient hospital services. Age and frequency limits may apply to <u>habilitation services</u> .	
	Skilled nursing care	10% coinsurance	10% coinsurance	40% coinsurance	120 visits/calendar year. Preauthorization is required for out-of-network providers. If you don't get preauthorization, benefits could be reduced by 50% of the total cost of the service or \$500, whichever is less.	
	Durable medical equipment	10% coinsurance	10% <u>coinsurance</u>	40% coinsurance	Excludes vehicle modifications, home modifications, repairs for misuse/abuse, exercise, and bathroom equipment. Preauthorization is required for durable medical equipment greater than \$200 (Does not apply to AHP Network). If you don't get preauthorization, benefits could be reduced by 50% of the total cost of the service or \$500, whichever is less.	
	Hospice services	10% coinsurance	25% coinsurance	40% coinsurance	Preauthorization is required for out-of-network providers. If you don't get preauthorization, benefits could be reduced by 50% of the total cost of the service or \$500, whichever is less.	
	Children's eye exam	Not covered	Not covered	Not covered	Not covered	
If your child needs	Children's glasses	Not covered	Not covered	Not covered	Not covered	
dental or eye care	Children's dental check-up	Not covered	Not covered	Not covered	Not covered	

<sup>\*</sup> For more information about limitations and exceptions, see the  $\underline{\text{plan}}$  or policy document at  $\underline{\text{www.rochester.edu/totalrewards}}$ .

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult & Child)

- Long-term care
- Private duty nursing

- Routine eye care (Adult & Child)
- Routine foot care
- Weight loss programs (other than services through lifestyle and condition management programs)

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture 10 visits/calendar year
- Bariatric surgery
- Chiropractic care

- Hearing aids \$600 maximum/ 3 years per child up to age 19
- Infertility treatment- For more information about limitations & exceptions, see plan documents
- Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov.ebsa/healthreform">www.dol.gov.ebsa/healthreform</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="health Insurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Department of Labor's Employee Benefit Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.com/dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Additionally, a consumer assistance program can help you file your appeal. Contact Community Service Society of New York, Community Health Advocates, 633 Third Avenue, 10th floor, New York, NY 10017, (888) 614-5400, <a href="https://www.communityhealthadvocates.org/">https://www.communityhealthadvocates.org/</a> (website), <a href="https://www.coms.gove/CCIIO/Resources/Consumer-Assistance-Grants/">https://www.coms.gove/CCIIO/Resources/Consumer-Assistance-Grants/</a>.

## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-499-1275.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-499-1275.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-499-1275.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-499-1275.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.rochester.edu/totalrewards</u>.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
■ Specialist copayment	\$35
■ Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$500	
Copayments	\$10	
Coinsurance	\$1,200	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$1,770	

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$35
■ Hospital (facility) coinsurance	10%
■ Other <u>coinsurance</u>	10%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$500
Copayments	\$600
Coinsurance	\$40
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,160

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$35
■ Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$500	
Copayments	\$300	
Coinsurance	\$200	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1000	

The plan would be responsible for the other costs of these EXAMPLE covered services.