

# Residents and Fellows Premiums

**TOTAL REWARDS**  
HUMAN RESOURCES  
UNIVERSITY OF ROCHESTER

OPEN ENROLLMENT 2025

OCTOBER 2024

## Residents and Fellows Health Care and Dental Plan Premiums Rate Sheet for January 1–December 31, 2025

Share of Premiums for Residents and Fellows  
(Pay frequency: monthly or semi-monthly)

University Health Care Plans	Monthly Premium Contributions				Semi-Monthly Premium Contributions			
	Single	Employee and Spouse or Domestic Partner	Employee and Child(ren)	Family	Single	Employee and Spouse or Domestic Partner	Employee and Child(ren)	Family
Residents & fellows share of premiums								
YOUR PPO Plan	\$153.58	\$362.68	\$276.30	\$494.52	\$76.79	\$181.34	\$138.15	\$247.26
YOUR HSA-Eligible Plan	\$15.72	\$37.08	\$28.22	\$50.54	\$7.86	\$18.54	\$14.11	\$25.27

University Dental Plans	Monthly Dental Rates		Semi-Monthly Dental Rates	
	Single	Family	Single	Family
Traditional Dental Plan	\$4.78	\$9.70	\$2.39	\$4.85
Medallion Dental Plan	\$14.94	\$30.58	\$7.47	\$15.29

The rates represented in these charts reflect the amount that will be deducted each pay period from residents/fellows paychecks from January 1–December 31, 2025, respectively. This is in addition to the amount contributed by the University.