



URochester

Thoughtful acknowledgment of cultural, heritage, and religious observances fosters belonging, invites learning, and strengthens connections. Through this effort, the *Office of University Engagement and Enrichment (OEE)* serves as a connector and amplifier—curating resources, highlighting events, and creating space for awareness in collaboration with campus partners to recognize the richness of traditions represented across our institution.



Cultural, Heritage, & Religious Observances: July 2026

HERITAGE MONTH

Disability Pride Month

July marks the anniversary of the Americans with Disabilities Act (ADA), signed into law on **July 26, 1990**. Disability Pride Month honors the history, culture, and contributions of the disability community—celebrating disability as part of human diversity and encouraging visibility, self-advocacy, and the ongoing work toward full inclusion and accessibility.

[Learn more](#) → [adata.org](#)

OBSERVANCE ~ JULY 14

International Non-Binary People's Day

This day raises awareness and celebrates individuals who identify outside the gender binary. It affirms the identities, experiences, and contributions of non-binary people and encourages learning, dialogue, and affirming practices across our community.

[Learn more](#) → [pflag.org](#)

FEDERAL HOLIDAY ~ JULY 4

Independence Day

The Fourth of July marks the adoption of the Declaration of Independence in 1776, observed as a federal holiday. It is an occasion to reflect on the founding ideals of freedom and equality—and on the continuing, generational work of extending those ideals to all people.

[Learn more](#) → [archives.gov](#)

OBSERVANCE ~ JULY 22-23

FASTING OBSERVED

Tisha B'Av

The 9th of Av is among the most solemn days on the Jewish calendar—marking the destruction of both the First and Second Temples and other historic tragedies in Jewish history. Observed through fasting and mourning from sundown to nightfall, it carries high accommodation relevance for scheduling.

[Learn more](#) → [myjewishlearning.com](#)

Curated in collaboration with:

Office for Global Engagement

Office for Student Success

Religious & Spiritual Life

University Student Life

URochester Medicine Employee Wellness

The Warner School of Education

The School of Nursing



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