



ALLERGY INJECTIONS

To the Allergist:

One of your patients, _____, would like to receive allergy injections at the University of Rochester, University Health Service (UHS). The UHS staff can administer the course of allergen injections which you have planned. **UHS Nurses will not give the initial allergy injection. The patient must receive the first two allergy injections at the allergist's office.**

In order to maximize patient safety, we have two requirements:

1. Provide clear, dated orders that cover the following points:
 - A complete list of individual antigens included in each vial and a complete regimen for their administration according to your orders.
 - Adjustments for late injections.
 - Adjustments for local and systemic reactions.
 - Contact information (if any questions) – current phone and fax numbers
 - Instructions and guidelines if ordering peak flow to be performed. Students must supply their own meter or may purchase one at UHS.
2. Clearly label all bottles containing the allergens as follows:
 - Expiration date (not the date the extract was made).
 - Type of allergen (ie: pollen, molds, dust, etc...)
 - Concentration of allergens incorporated. Please note: Vials of liquid extract must contain the exact concentration required for the dose(s) to be given. UHS staff are not allowed to dilute or combine allergen extracts.
 - Patient's name and date of birth
3. If sending the allergen extract to UHS, please use overnight shipping and send to the following address:

University Health Service
River Campus Office
Attn: Mary Madsen, RN
738 Library Road
Rochester, NY 14627

In order to maximize patient safety in cases of systemic reactions, UHS nurses will follow guidelines established by UHS Physician's:

- Epi 1:1000 0.3 mg IM
- O₂ @ 4L/min by nasal cannula if the patient is cyanotic.
- To ED stat if not improving rapidly

The patient may be asked to return to see you at the discretion of the UHS nurse due to missed injections, failure to wait the required time after your injection, and/or several local or systemic reactions.

As I am sure you realize this information will help prevent errors in the administration of the extract and allow us to answer questions as they arise during treatment.

Sincerely,

Ralph Manchester, MD
Vice-Provost & Director, UHS