MASHED TURNIP POTATOES

Total Prep Time: 1 hour  
Servings: 6

**Ingredients**

1 large turnip  
3 white potatoes, peeled & cubed  
¼ cup milk or milk alternative  
3 tbsp unsalted butter  
¾ tsp salt  
¼ tsp pepper

**Directions**

1. Preheat oven to 375° F
2. Place turnip and potatoes in a large pot with enough water to cover, then bring to a boil. Cook 25 to 30 minutes, until tender. Remove from heat and drain.
3. Mix milk and 2 tbsp butter in with the turnip and potatoes. Season with salt and pepper. Mash until slightly lumpy.
4. Transfer turnip mixture to a baking dish and dot with remaining butter. Cover loosely and bake for 15 minutes. Remove cover and continue to bake for 8 minutes until lightly browned.

Nutrition Facts for 1 serving:
141 calories, 2.5g protein, 6.1g fat, 15.7g carbohydrates, 16mg cholesterol, 322mg sodium