THE BRIDGE
Opportunities from the
Rochester Center for Community Leadership
October 2013

RCCL HAS MOVED!
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IN THIS ISSUE:
1. Featured Programs
   a. Leadership Course
   b. Leadership Luncheon
2. Community Leadership Opportunities
   a. Home Movie Day
   b. E-Cycle Day
   c. Rochester's Grad Nation Community Summit
   d. 2013 M.K. Gandhi Institute Fall Intensive
   e. Diabetes Network Chapter Forming
   f. Volunteer Opportunity: Successfully Transitioning Youth to Adolescence
   g. Holiday Season Sponsors Needed by CP Rochester
3. Leadership Tip: Motivating your Members
4. About the Center for Community Leadership

Featured Programs

LEADERSHIP COURSE
The Rochester Center for Community Leadership offers a two-credit course that provides students with an opportunity to learn about leadership history, theory, and practice by engaging with other leaders, and by analyzing their own experiences. The “Leader to Leader” course (CAS 358) is open to all class years. The course may be used to satisfy the requirements of the Citation for Achievement in College Leadership. Students may register online and questions can be directed to leadership@rochester.edu

LEADERSHIP LUNCHEON
Tuesday, October 24, 11:30-12:30 p.m.; Wilson Commons 122
This month’s Leadership Luncheon is co-sponsored by the Susan B. Anthony Center for Women's Leadership. One of the most valuable skills today is clear and respectful communication. However, today’s many stressors and fast-paced working environments lead to more stressful and faster-paced conversations, making clear and respectful communication difficult to have. Christine Arnold, R.N.C., M.S., will be facilitating this month’s Leadership Luncheon where she will share insights as to why this happens as well as provide resources for you and your student group to help manage this challenge.
In order to attend this free lunch, RSVP by 12:00 p.m. on October 21st to leadershipGA@ur.rochester.edu and specify any food allergies; space is limited to the first 30 undergraduate students.
Community Leadership Opportunities

HOME MOVIE DAY
Saturday, October 19, 12:00 – 2 p.m.; 33 Rockwood St, Rochester, NY 14610
Join the AMIA University of Rochester Student Chapter for Home Movie Day. Food and drinks will be provided. Drop off your home movies in VHS, Super 8, 8mm, or 16mm format early at the Record Archive or bring them the day of. Come experience the unique heritage of home movies at this international event. For more information about Home Movie Day, visit http://www.homemovieday.com/

E-CYCLE DAY
Friday, October 25; UR Park Lot
6:30 a.m. to 2:00 p.m.
Do you need a green way to dispose of the electronic device clutter in your cabinets? E-Cycle Day is the solution. Drop off personal computers, speakers, mobile phones—and anything in between. The only items not acceptable are alkaline batteries, light bulbs, smoke detectors and products containing mercury or Freon. The University’s partner in E-Cycle Day is Sunnking, the professional recycling firm. Sunnking will make sure all devices are wiped and destroyed according to HIPAA and other government guidelines. Once data is removed, materials are recycled.

ROCHESTER’S GRAD NATION COMMUNITY SUMMIT
Rochester Riverside Convention Center [wsoctv.com]
Wednesday, October 30, 8:00 a.m. - 2:00 p.m.; 123 East Main Street, Rochester
Grad Nation is a campaign led by America’s Promise Alliance to end the dropout crisis. The campaign’s goal is a 90 percent national high school graduation rate by 2020. With momentum building in the community to close the educational achievement gap, Rochester’s Grad Nation Summit will provide the opportunity for information sharing and to network and collaborate around current and future efforts. Keynote Speakers include Patrick Corvington, Senior Fellow with the Campaign for Grade Level Reading which focuses on the most important predictor of school success and high school graduation, that being grade-level reading by the end of third grade, and Wade Norwood, at-large member, New York State Board of Regents and Director of the Finger Lakes Health Systems Agency’s (FLHSA’s) Department of Community Engagement. To register for the summit, visit http://bit.ly/16S04Zo

2013 M.K. GANDHI INSTITUTE FALL INTENSIVE
Thursday, October 31 - Sunday November 3, 929 South Plymouth Avenue
Are you interested in learning Gandhi and Dr. King’s philosophies and how they can be taught and applied today? Are you interested in examining violence and nonviolence in your own life and community? Sign up for the 2013 Fall Nonviolence Intensive! This experience is designed for social workers, students, teachers, activists, people of faith and any individual interested in the principles and practices of social change through nonviolence. During the workshop, participants will learn:
• The life and teachings of M.K. Gandhi and Martin Luther King, Jr.
• Nonviolent Communication (NVC)
• Tools for inner change based on mindfulness
• Deep ecology and the Work That Reconnects
For more information and to register, visit the website.

DIABETES NETWORK CHAPTER FORMING
The College Diabetes Network is a national organization for college students to become involved in Type 1 Diabetes support groups, advocacy, and research fundraising. A chapter of CDN is currently being formed at the University of Rochester. While one of the focuses will be providing resources to diabetics on campus, there
are opportunities for all students. CDN is looking for volunteers to help create, organize, and run support groups at Strong Memorial Hospital for diabetics of all ages in the Rochester community. These support groups will provide an opportunity for people to meet other diabetics their age and will include speakers for adults and parents of diabetics and educational activities for children. If you are interested in being involved please contact Mary Bucklin at uroch@collegediabetesnetwork.org.

**VOLUNTEER OPPORTUNITY: SUCCESSFULLY TRANSITIONING YOUTH TO ADOLESCENCE (STYA)**
Successfully Transitioning Youth to Adolescence (STYA) is looking for volunteers to share a life skill or experience with youth 9 to 12 years old. STYA is a newly launched initiative with New York State Department of Health that builds the developmental assets of youth through mentoring, adult-supervised activities that introduce new opportunities and skills, promotion of positive long-term relationships between adults and youth, as well as providing parent/caregiver education. Additionally, students will plan and implement community service projects, partake in discussions on topics relevant to their lives, enjoy healthy snacks and attend field trips. Student groups will be approximately 8 to 15 (max) students. This initiative will be implemented by Jennifer Quick of Metro Council for Teen Potential (Baden Street Settlement) and Mickey Harris from the Society for the Protection and Care of Children. If interested, contact Jennifer Quick, Project Coordinator, via email at jquick@badenstreet.org.

**HOLIDAY SEASON SPONSORS NEEDED BY CP ROCHESTER**
CP Rochester is looking for sponsors for the Holiday Season. CP Rochester exists to support people with physical and developmental disabilities in choosing and accomplishing successive, individualized life goals. They do this by providing a wide range of services to people of all ages in the greater Rochester area including clinical, educational, residential, and recreational programs. Last year 24 families served by CP Rochester were chosen to receive Holiday gifts and food by sponsors. If you, your group or your company is looking for a way to give back this Holiday Season this might be a good opportunity. The families that they assign have one or more member who has received services by their programs. Sponsors are most likely providing the only Holiday gifts that the families will be receiving. If interested in participating on the project, please contact Tina Bennett at 585 334-6000 ext 1321 or email tbennett@cprochester.org.

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**Leadership Tip of the Month**

**MOTIVATING YOUR MEMBERS**
Ever wonder why people drop out of your club or organization? Often it is due to discrepancies in their understanding of the mission of the group, lack of appreciation, or poor leadership. Here are some suggestions to always keep in mind:

- Study members and determine what makes each one tick
- Be considerate
- Give credit where credit is due
- Show your members you have confidence in them and that you expect them to do their very best
- Ask members for their counsel and help
- Give courteous hearing to ideas from members
- If an idea is adopted, tell the originator why
- Give members a chance to take part in decisions, particularly those affecting them

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**About the Rochester Center for Community Leadership**

*Better Yourself ~ Better Your Community!*
The Rochester Center for Community Leadership is a unit in the office of the Dean of Students at the University of Rochester. The Center challenges students to become engaged citizens and leaders capable of creating positive social change in their communities. We envision a world in which people of diverse backgrounds and perspectives collaborate to transform themselves and their communities.

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