In Review

Dining Services

The Commons Touch

With a grand reopening just in time for the start of the fall semester, the food court at Wilson Commons has been transformed.

The Pit is now the Commons, home to two new eateries—Zoca, a Mexican grill, and Panda Express, a Chinese diner—as well as a renovated salad bar, A New Leaf; American food grill, the Common Grill; and Pizza Pi, complete with a new 6,000-pound deck oven similar to that used by many pizzerias. As part of the planning process, students helped choose the names for the new dining venues and weighed in with other suggestions for the revamped food court.

Overall the renovated Commons is more than twice the size of the previous space and features a lighter and brighter seating area.

Located in the heart of the residential quad, Wilson Commons is one of the most heavily used dining locations on the River Campus.

ORDER UP: Opening day for the Commons showcased the new and revamped eateries, such as the Common Grill (above), and the renovated seating and dining areas of the food court in Wilson Commons.
‘EVER BETTER’

Celebrating Meliora Weekend

The 2010 edition of the weekend anchors reunions and celebrations across the University, October 14–17.

By Kathleen McGarvey

"MEDICAL INFORMATION IS PLENTIFUL—but medical knowledge is different," says neurosurgeon Sanjay Gupta. “It’s information that is contextualized, credible, and memorable.”

As the chief medical correspondent for health and medicine at CNN, Gupta is responsible for conveying such knowledge.

“Medical and health stories are something we all share in common,” he says. But to help other people understand an issue, he has to be sure that he fully grasps its complexities first.

“Whenver there’s something I want to explain to people, it’s imperative to me to understand it myself. Only then can I really teach it.”

Gupta will be sharing some of his understanding of medicine and media this fall as keynote speaker at Meliora Weekend. He’ll also participate in this year’s presidential symposium on the future of health care.

This year marks the first time that all of the University’s schools will celebrate reunions on the same weekend.

“The inspired organizers of the University’s 150th anniversary created a unique event that brought together the entire Rochester family—alumni, parents, students, faculty, and guests. This event became the annual celebration we now know as Meliora Weekend,” says Jim Thompson, senior vice president and chief advancement officer. “This year is particularly special in that it unites all components of the University for the first time—celebrating Arts, Sciences, and Engineering, School of Medicine and Dentistry, School of Nursing, Simon, Warner, and via Eastman Weekend, Eastman. We are truly trying to live our motto and make it ‘ever better.’”

Among other highlights of the events are appearances by jazz legend Ron Carter ‘59E and tours of the new Kodak Hall at Eastman Theatre as part of Eastman Weekend, and an invitation-only evening with author David Sedaris for members of the George Eastman Circle. Student performances, family activities, the homecoming game, and other activities also fill the weekend.

Gupta, who will speak on Saturday morning, says he honed his ability to talk about medicine in accessible terms when he worked in the White House, writing speeches about health care for President Bill Clinton and First Lady Hillary Clinton.

As a correspondent, Gupta says he pictures himself in his medical office: “I imagine the audience as a patient or a family.”

For more about the weekend, visit www.rochester.edu/melioraweekend.

KEYNOTE SPEAKER: Neurosurgeon and CNN medical correspondent Sanjay Gupta says that stories about health and medicine cover concerns “we all share.”

HIGHLIGHTS

Signature Events: Fall Celebrations 2010

This fall’s Meliora and Eastman Weekends feature several signature events. A few highlights:

• Keynote address on media and medicine by neurosurgeon and CNN correspondent Sanjay Gupta
• Presidential Symposium on the Future of Health Care
• Invitation-only evening with David Sedaris for George Eastman Circle members
• Medical Center CEO Bradford Berk ’79M (MD), ’81M (PhD) discussing compassionate care
• Performances by comedian, actor, and writer Jim Gaffigan
• Appearances by jazz legend Ron Carter ’59E at Eastman Weekend

For more about the weekend, visit www.rochester.edu/melioraweekend.
In Review

AdAm Fen Ster

By Melissa Greco Lopes

When Annalise Kjolhede ’10 and Caitlin Smigelski ’10 hung up their graduation gowns this May, they picked up their hoes and shovels. The two broke ground on a new garden that will provide food to the University community at the Meliora restaurant on the River Campus. They’ve taken on the horticultural project during a fifth year at Rochester as KEY scholars, and while they’re cultivating beets, tomatoes, and arugula, they’re also tending to the business end of their nonprofit venture.

“Farming starts from the neck up, as they say,” Smigelski says. “There’s so much science and planning that goes into it.”

The pair worked with Dining Services, the College, the Gandhi Institute, the Sustainability Council, and other campus groups to establish the garden. They worked with Dan Scheid, the University horticulturist, to scout locations, eventually settling on a plot near Whipple Park, a housing complex for graduate students. They also consulted with Justin Ramsey—an assistant professor and researcher in the biology department, who shared information about Rochester’s ecology and land-use history—and executive chef Tony Pignagrande to discuss the kinds of foods and herbs that would meet his needs.

Student volunteers work at the garden alongside Kjolhede and Smigelski, and the two plan to turn the project over to other students when they leave campus after the next growing season.

“I loved the enthusiasm and the way the students tackle issues and challenges relating to the farm,” says Cam Schauf, director of Campus Dining Services and Auxiliary Operations. “We think of Dining Services as a department that can provide a laboratory for students to work in and be able to help ideas like this come true.”

Melissa Greco Lopes writes about student affairs for University Communications.

STUDENT INITIATIVES

How Does Your Garden Grow?

Students meld sustainability and entrepreneurship with a project that puts food on University tables.

By Melissa Greco Lopes

BUSINESS GROWTH: Caitlin Smigelski ’10 (left) and Annalise Kjolhede ’10 are selling their produce to the Meliora restaurant.
NIGHTLIFE: Stars seem to stream across the sky above the University's C. E. K. Mees Observatory in a long-exposure photograph taken this summer. Administered by the Department of Physics and Astronomy, the observatory is located about 40 miles south of Rochester in the Bristol Hills. While the department uses the facility to teach undergraduates in introductory astronomy classes and to conduct some studies in visible wavelengths, most current University astrophysical research relies on larger telescopes based on mountain observatories or in space. Named for a longtime director of research at Eastman Kodak Co., the observatory is open for public tours in June, July, and August.
Room by Room

Dedication of the third piece of Messinger family’s project completes an effort to restore historic spaces for students.

By Kathleen McGarvey

The views of Eastman Quad from Rush Rhees Library’s second floor haven’t changed, but the rooms inside certainly have.

The second of two new graduate studies was officially opened in May at a special ceremony honoring trustee Martin Messinger ’49 and his family, who donated the funds for the studies’ creation. The rooms flank the Martin E. Messinger ’49 Periodical Reading Room, which was dramatically renovated in the late 1990s. Together, the three rooms form a renovated and restored west front on the second floor of the library.

“If you look at how the library is running, with students there around the clock, you see that it’s pivotal, and necessary,” Messinger says of his belief in the centrality of libraries. “You have to give students the infrastructure they need to do their work. Other than feeding them, I can’t think of anything more important.”

He recalls working in the Periodical Reading Room when he was a student. “It was a great, open room,” he says, but fluorescent ceiling lights added in the 1960s created “lousy lighting.”

In time for Rochester’s sesquicentennial in 2000, the room was reopened, complete with pendant lights resembling the original 1930s fixtures and an ambience that has made it one of the library’s most popular spaces.

With this spring’s dedication of Messinger Graduate Study Room South and its companion, Messinger Graduate Study Room North, Rochester students have a suite of comfortable and historic spaces in which to study. The two graduate student rooms had...
been used as storage spaces until a remark from Susan Gibbons, vice provost and Andrew H. and Janet Dayton Neilly Dean of River Campus Libraries, about wanting to enhance the library’s facilities for graduate students inspired Messinger.

“The Messinger Graduate Study Rooms ensure that our graduate students have a convenient, comfortable, and contemplative space on campus where they can focus on their own research in the company of fellow graduate students who are on similar academic journeys,” Gibbons says.

Messinger takes satisfaction in the final results. “We live in an era of information without knowledge,” he says, and libraries are a corrective to that.

“That was one of my reasons for supporting these projects.”

**Take a Tour**

To see more views of the Messinger rooms at Rush Rhees Library, including 360-degree panoramic views of the three rooms along with before and after photos, and to learn more about the Messinger family, visit Review’s Web site at www.rochester.edu/pr/Review.
PSYCHOLOGY

Old Patterns, New Findings

Research shows specific ways family relationships can affect kids in school.

By Susan Hagen

“HAPPY FAMILIES,” LEO TOLSTOY DECLARED in Anna Karenina, “are all alike; every unhappy family is unhappy in its own way.”

It’s a great line with which to open a novel, but new research by Rochester psychologists suggests it’s not such a good way to understand family relationships.

A study by Melissa Sturge-Apple, an assistant professor of psychology, and Patrick Davies, a professor of psychology, suggests it’s not such a good way to understand family relationships.

The three-year study, published in the journal Child Development and conducted in conjunction with researchers at Notre Dame, “shows that cold and controlling family environments are linked to a growing cascade of difficulties for children in their first three years of school, from aggressive and disruptive behavior to depression and alienation,” Sturge-Apple says.

The study also finds that children from families marked by high levels of conflict and intrusive parenting increasingly struggle with anxiety and social withdrawal as they navigate their early school years.

Davies and Sturge-Apple examined relationship patterns in 234 families with six-year-old children. They found that harmonious interactions, emotional warmth, and firm but flexible roles for parents and children characterize cohesive families.

Enmeshed families, by contrast, may be emotionally involved and display modest amounts of warmth, but they struggle with high levels of hostility, destructive meddling, and a limited sense of the family as a team. Disengaged families are marked by cold, controlling, and withdrawn relationships. Although the study demonstrates evidence of family-school connections, the authors caution that dysfunctional family relationships aren’t responsible for all or even most behavior difficulties in school.

Other factors, such as high-crime neighborhoods, high-poverty schools, troubled peer circles, and genetic traits also play roles, says Davies.

While building on the long-established family systems theory, which consistently has identified the three types of families using clinical observations, the study is the first to confirm empirically their existence across multiple relationships within the family: in marriage, in child-parent interactions, and in interactions between both parents and a child.

“We were really able to look at the big picture of the family,” says Davies, “and what was striking was that these family relationship patterns were not only stable across different relationships but also across time, with very few families switching patterns.”

“Much of what we read in the popular press is focused on how parents may best prepare children for academic success in school,” Sturge-Apple says, “but this research emphasizes that families are critically important for fostering children’s emotional and social adjustment to school.

“Creating a home environment that serves as a secure base for children, where they have access to parents and resources when distressed in school, where communication and relationships are fostered and conflict is dealt with and resolved can help facilitate children’s functioning in school.”

Susan Hagen writes about the social sciences for University Communications.
**Hitting the Right Notes**

How do you encourage a youngster’s interest in music?

A COOING BABY ISN’T JUST CHARMING THE people around her—she’s also taking the first steps toward singing, says Donna Brink Fox, the Eisenhart Professor of Music Education and a specialist in teaching music to young children.

She’s also the director of the Eastman Community Music School’s Early Childhood Music Program.

Celebrating its 25th anniversary this fall, the program has helped introduce a generation of Rochester’s tiniest tots—they can enroll at just four months old—to the wonders of music.

Fox offers a few tips to parents, grandparents, and others who’d like to share their love of music with the children in their lives:

**Let kids know how much you enjoy music** by responding to what you hear, not just listening passively: sing along, dance, and move to the music. For infants especially, it’s nice to help them sway and twirl in ways they can’t do alone.

**Listen to a variety of musical styles**, but keep the experience simple. Dense lyrics or orchestration can be hard for children to process. Choose music that’s unfussy and gives listeners the impetus to move.

**Encourage musical play** with toys and found objects—even a pot and a wooden spoon works, if you’re game for it—and cheer on their efforts or play along, taking turns and responding musically. “It’s what jazz musicians do,” says Fox.

**For preschoolers and younger kids**, music is best approached as play. Few children are receptive to the structure of formal music lessons before age six or so.

**Show kids music is something you value.** Spending time on music lets them know it’s important to you.

—KATHLEEN MCGARVEY

**PIANO COMPETITION**

**Michigan Maestro**

OVATION: Pianist Allen Yuan acknowledges the audience after winning the Eastman Young Artists International Piano Competition for his final-round performance with the Rochester Philharmonic Orchestra.

The 17-year-old from Farmington Hills, Mich., was one of 22 teenage pianists from China, the United States, Canada, Taiwan, Korea, and Japan who took part in this summer’s annual competition. For more, visit http://tinyurl.com/36q5uo8.
In Review

1. Gartoothed was she, soothly for to seye.
   Upon an amblere esily she sat,
   Ywympled wel, and on hir heed an hat
   As brood as is a bokeler or a targe...

2. His mouth as greet was as a greet forneys,
   He was a janglere and a goliardeys,
   And that was moost of synne and harlotries.
   Wel koude he stelen corn...

3. For sawcefleem he was, with eyen narwe.
   As hoot he was, and lecherous, as a sparwe,
   With scalled browes blake, and piled berd,
   Of his visage children were aferd.

4. Of fustian he wered a gypoun,
   Al bismotered with his habergeoun;
   For he was late ycome from his viage,
   And wonte for to doon his pilgrimage.

5. Hir over-lippe wiped she so clene,
   That in hir coppe ther was no ferthyng sene
   Of grece, whan she drunken hadde hir draughte.
   And she would wipe her upper lip so clean
   That not a trace of grease was to be seen
   Upon the cup when she had drunk.

Think You Know Your Chaucer?

Medieval literature specialist Thomas Hahn, a professor of English, welcomed fellow Chaucer scholars to Siena, Italy, this summer for the 17th biennial international congress of the New Chaucer Society, a gathering for which he served as program chair. Conference-goers considered subjects such as the materials of medieval manuscript production, the global middle ages, and authorship in Italy and England.

Chaucer’s own travels to 14th-century Italy enriched English literature, as he brought back the inventive writings of Dante, Petrarch, and Boccaccio. But the conference-goers’ concerns were rooted in our day, says Hahn. “Inevitably, we understand the lives of those who’ve gone before us through the lens of our own experience. It’s not surprising, then, that the more than 400 medievalists in Siena paid close attention to the links between languages and political identities, migration and border-crossing, the fractious and often productive coexistence of subcultures and local loyalties, and the serenity and violence excited by religious belief and practice. And maybe we shouldn’t be surprised either at how the reflection on and analysis of great writing revise and enrich our engagement with the unfolding realities of the 21st century.”

In that spirit, we offer our first—and possibly only—Chaucer quiz. Match a few of the characters from a medieval favorite, The Canterbury Tales, to their descriptions. Extra points if your Middle English is up to scratch.

—KATHLEEN McGARVEY

A. Knight
B. Wife of Bath
C. Miller
D. Nun
E. Summoner

CITATIONS

Research Roundup

WHY CHANGE YOUR GENES WHEN YOU COULD BORROW SOME?
John Jaenike, a professor of biology, and his colleagues have documented an example of a new mechanism at work in evolution: bacteria infecting an animal, giving the animal a reproductive advantage, and being passed from mother to children. In a study published in the journal *Science*, Jaenike reports that members of a particular species of fruit fly that have been infected with the bacteria *Spiroplasma* are less likely to be affected by a parasitic worm that normally renders the flies sterile. The symbiotic relationship allows the infected flies to reproduce and pass the bacteria to their offspring. Aside from shedding light on an important evolutionary mechanism, the findings could aid in studying ways to stave off diseases by using defensive bacteria.

PURPLE LIGHT MEANS GO, ULTRAVIOLET LIGHT MEANS STOP
A new membrane developed at the Laboratory for Laser Energetics blocks gas from flowing through it when one color of light is shined on its surface and permits gas to flow when another color is used. It’s the first time that scientists have developed a membrane that can be controlled in this way by light. The membrane—created by Eric Glowacki, a graduate student at the laboratory, and his advisor, Kenneth Marshall, a research engineer—could be useful in drug delivery, industrial processing, and other applications.

WOMEN ATTRACTION TO MEN IN RED
What could be as alluring as a lady in red? A gentleman in red, finds a multicultural study led by Andrew Elliot, a professor of psychology, and published in the *Journal of Experimental Psychology: General*. Simply wearing red or being bordered by the color makes a man more attractive and sexually desirable to women, according to work by scientists at Rochester and other institutions. Red’s charm lies in making men appear more powerful—it signals rank through cultural and biological associations, researchers say. The effect—seen in undergraduates in the United States, England, Germany, and China—was limited to status and romance; it did not make men seem more likeable, kind, or sociable.

SCIENTISTS PINPOINT EARLIEST STEPS OF MUSCULAR DYSTROPHY
Nearly two decades after identifying the genetic flaw that causes a common type of muscular dystrophy, scientists believe they have figured out how that flaw helps bring about the disease. Published in *Science*, the study—by an international team, including Rochester scientists led by Rabi Tawil ’91M (Res), ’93M (Flw), a professor of neurology—indicates that several deleted versions of a gene that makes a protein harmful to muscle cells trigger remaining copies of the gene to be much more active than usual.

VITAMIN D EMERGES AS KEY PLAYER
Within the human digestive tract is a teeming mass of hundreds of types of bacteria that help us digest food and keep bad bacteria in check. A team of Rochester scientists—led by Jun Sun, an assistant professor of medicine, microbiology, and immunology—has found that vitamin D is a key player amid the gut bacteria, helping to govern their activity, responding to their cues, and sometimes countering their presence. The findings, published in the *American Journal of Pathology*, offer a new lead to scientists looking at the role of bacteria in inflammatory bowel diseases such as Crohn’s disease or ulcerative colitis.

SCIENTIST FINDS NEW WAY TO BOOST VACCINES
Richard Phipps, a Dean’s Professor of Environmental Medicine, reports he has discovered that the same molecules used in drugs to treat diabetes also stimulate B cells in the immune system, pushing them to make antibodies for protection against invading microorganisms. Further research, Phipps says, may show that low doses of insulin-sensitizing drugs may be useful in supporting vaccines, particularly for people with weakened immune systems who cannot produce a proper antibody response.
Two Ways of Looking at a Mockingbird

A noted literary scholar says the deeper meaning of the 50-year-old American masterpiece is too often overlooked.

By Thomas DiPiero

Few novels have had the sustained impact on American culture of Harper Lee’s To Kill a Mockingbird. One of the most widely read works of American fiction, and perhaps one of the most beloved, it reached the 50th anniversary of its publication this summer. The novel has sold over 30 million copies in at least 40 languages, and between 50 and 70 percent of U.S. school systems continue to require students to read it.

Why does To Kill a Mockingbird continue to enthral us? Perhaps because it presents complex social, ethical, and moral issues in a beguilingly simple, beautifully narrated form. This tale of Southern white children coming of age amid racism, violence, and various forms of abuse introduces these issues in a manner that all readers, even the very young, recognize as simplistic; in fact Harper Lee’s first-person narrator, simultaneously knowledgeable and naïve, is one of her most compelling achievements. Jem and Scout Finch learn rudimentary lessons about courage and tolerance as they discover the ugliness just beneath the surface of their small Alabama town, and the message that most of us were enjoined to draw from the work when we were teenagers—that we must all learn to see things from another’s point of view—is the very one that Atticus Finch delivers to his children when they encounter situations or behaviors that are difficult to comprehend.

Judging from the many editorials, Web sites, and panel discussions that celebrated this American classic this summer, that message continues to circulate today. But such a message, while perhaps suitable for adolescents, is dangerously incomplete and unworthy of the complexity of Lee’s masterpiece. When embraced by adults it justifies abuses just as injurious as the in-tolerance and racial bigotry that the novel condemns. That’s because it suggests that good will is all that we require to understand how history and circumstances have created our and others’ identities, and that once we have acknowledged the problem, it’s halfway solved. So while To Kill a Mockingbird is a story about children, it’s also a story about the limits of children’s understanding of complex social issues. It’s noteworthy that when Atticus addresses the question of identifying with others he uses two different metaphors to make his point. On the one hand, he tells his children to try to stand in someone else’s shoes and consider the world from that perspective; and on the other hand he urges them to climb into someone else’s skin and walk around in it.

Those folksy metaphors for understanding human identity and perspective appear equivalent, but the difference between them is the distinction between juvenile and adult understandings of the world. Trying on someone else’s skin is child’s play. Everyone has done that, and it’s a diversion with no consequences, much like the role-playing games the Finch children and their friend Dill enjoy on the front lawn. But climbing into someone else’s skin is quite another matter—it’s impossible. Atticus’s two metaphors are structured to underscore the difference between sympathizing with someone and appropriating his or her values, dreams, history, and experiences. The simple fact is that we cannot get into someone else’s skin, and it’s presumptuous and condescending to believe that we can. That’s something that Tom Robinson and
Boo Radley know implicitly, and that the Finch children never fully comprehend.

Our nostalgia for the heartwarming message we took away from *To Kill a Mockingbird* in high school protects us from the harsh reality that history and experience can make people irreconcilably different. It also relieves us of the responsibility of examining our own attitudes and beliefs about others, and it allows us the illusion that everyone is just like us—and strikingly, the Finch children are fond of referring to “ordinary folks like us.” That’s an illusion that can easily invalidate others’ distinct identities.

Metaphor is one of literature’s fundamental tools. It shows us not so much how particular things are alike, but how we can make them alike and how we establish the grounds that allow us to perceive similarity in the first place. *To kill a Mockingbird*’s title metaphor illustrates the ways we often make others little more than slightly exotic versions of ourselves. Atticus explains, in the work’s most often cited phrase, that mockingbirds “don’t do one thing but make music for us to enjoy,” and that’s why it’s a sin to kill them. But we recall that mockingbirds imitate the calls of other birds; they don’t sing their own songs. When we presume easy identification with other people, we assume that, like mockingbirds, they will sing our song, conform to our worldview, abandon their own unique voices, and sing in unison along with us—all for us to enjoy.

*To Kill a Mockingbird* has endured as a complex literary phenomenon for half a century in part because it establishes a tension separating simplistic views of Americans’ relationships with one another and sophisticated understandings of our history and culture. The challenge in reading this great American novel is not to be beguiled by its form. Remember that it’s precisely when you think you’ve understood others’ perspectives that you must recall you are not in their skin. A lifetime of experience is not assumable. We’re arrogant—and we’re drawing on a learned ignorance that adults cannot afford—when we claim otherwise. We must learn the difference between understanding others and imposing our views on them. That’s a lesson worthy of this masterpiece of American literature. And it’s not kids’ stuff.

DiPiero is a professor of French and the senior associate dean of humanities in the School of Arts and Sciences.

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**STUDENT LIFE**

**By the Numbers**

Students aren’t the only ones getting ready for a new academic year. Here are some of the figures that add up to 2010-11.

5,036

undergraduates estimated to arrive at the College and the Eastman School

1,600

items placed on reserve at Sibley Library for Eastman courses

800

pounds of eggs ready at Danforth Dining Hall for one week’s worth of meals

150

pounds of chocolate-covered pretzels in the preliminary order for the Common Market

Six thousand

pounds worth of new pizza oven installed at Wilson Commons

29

shuttle buses to take students to Wilson Day sites

18,000

feet of glass cleaned at Wilson Commons

4,400

bricks in the newly installed Wilson Commons front porch

500

gallons of paint used in repainting River Campus residence halls

270

pianos tuned at the Eastman School

—Kathleen McGarvey
Scouting Report
How do the Yellowjackets look as they prepare for their fall 2010 seasons?

Men's cross country  Hungry to reclaim the New York State Collegiate Track Conference crown, which Rochester last won in 2008, the squad wants to finish the 2010 campaign with a top-10 national ranking. Brian Lang '11 will pace the squad after competing in the NCAA championships last year. Jamie Vavra '12, an all-Atlantic Region pick in 2009, and Jon Pinto '11, who earned all-conference accolades last year, add to the team's depth.

Women's cross country  Rochester has sent three different individual runners to the NCAA championships the last three years. In 2010, coach Barbara Hartwig is hoping to qualify a full squad for nationals. At the forefront will be Lauren Norton '12, who qualified for NCAAs as a freshman and sophomore. Other key Yellowjackets include Megan O'Connor '11, Hillary Snyder '12, and Zarah Quinn '13. Some of the younger runners will need to step up and earn places in the team's top 10.

Volleyball  Rochester promises to be much improved from 2009, with all but two graduated seniors returning, including three talented sophomore starters in libero Lauren Bujnicki '13, rightside hitter Alma Guevara '13, and outside hitter Kelly Mulrey '13. In addition, a strong crop of seniors will be back, while a talented freshman class will be led by setter Jackie Fluegel '14. The Yellowjackets hope to build on their seventh-place finish at UAAAs in 2009.

Rowing  Coach Will Greene's squad enters its second year of varsity competition after a successful 2009-10 effort in which the Yellowjackets found significant success, including a No. 3 team ranking in the NCAA East Region.

Men's soccer  The Yellowjackets advanced to the elite eight of the NCAA tournament and finished at No. 6 in the country last season. The good news for 2010 is that the team returns its entire midfield and two central defenders, including all-region and all-UAA picks Misha Carrel-Thomas '11 on defense and Steve Welles '11 in the midfield. Rochester must replace its two leading scorers and goalkeeper Mike Peacock, all of whom graduated in 2010.

Women's soccer  Challenged by a brutal 2010 schedule and the graduation of eight players from a 2009 team that advanced to the second round of NCAAs and shared the UAA title, the squad features a young but potential-laden defense. Leading scorers—all-American forward Ellen Coleman '12 and all-UAA forward Bridgette Varin '11—return as does Meaghan Magee '11 to anchor the defense.
Football  Rochester struggled at times in 2009, but with the return of first-team all-Liberty League performers—running back Clarence Onyiriuka '11 and defensive tackle Chris Bickford '12—the upcoming campaign looks promising. Both Onyiriuka and Bickford have picked up preseason all-America accolades this year. The Yellowjackets finished 4-3 in the Liberty League last year and 4-6 overall.

Field hockey  Rochester returns a young team that features only one senior, cocaptain and defender Sara Heidinger '11. Coach Wendy Andreatta says her team is ready to improve on last year's record of 11-7, with six returning starters leading the way and a talented class of freshmen bolstering the lineup. The strength will be on defense, where four starters return—Darragh Kerr '12, Alexis Vangello '12, Sarah Dixon '13, and Alexa Freedman '13.

Golf  Coach Dan Wesley is excited about a 2010-11 team that returns all but one player and welcomes six freshmen. Captained by Chris Driscoll '11, Ryan Williams '11, Michael Chudacoff '12, and David Wien '12, the team begins its season with a small, four-squad event at Hamilton, then gets into full swing with the St. Lawrence Invitational Sept. 11 and 12.

Women's tennis  After earning a national ranking of 20th last season, the Yellowjackets are looking to make a bigger impression this fall. Lia Weiner '11, one of the northeast's best singles players, returns to pursue her third straight regional crown—and another all-America selection. Also returning is Frances Tseng '13, who made her mark quickly last year by claiming Rookie of the Year honors for both the UAA and the northeast region. In addition, Weiner and Tseng form one of the region's most formidable doubles pairings. Danielle Shreck '11 earned second team all-UAA accolades last year.

Field Goals

An early season rivalry game hits the road—for both teams.

When Rochester's varsity football team faces off against hometown rival St. John Fisher for the sixth annual Courage Bowl on September 18, the two teams will play at a new downtown venue.

The Courage Bowl, which benefits Camp Good Days and Special Times—a local charity dedicated to improving the lives of children coping with cancer—will kick off for the first time this fall at Marina Auto Stadium, the 14,000-seat venue that's home to the Rochester Rhinos, Rochester's professional soccer team.

While the game between the Yellowjackets and the Cardinals has traditionally alternated between Fauver Stadium and Fisher's Growney Stadium, bowl organizers say the annual event needs a larger venue to accommodate its growing fanbase. The rivalry has drawn more than 25,000 fans during its five-year run.

"We've seen strong local interest in the game," says Rochester's athletic director, George VanderZwaag. "Moving the game downtown will build more community involvement and help further promote the great work of Camp Good Days and Special Times."

Founded in 2005, the Courage Bowl is a fundraiser for the Rochester-area program, a nonprofit organization that offers summer camping experiences and year-round activities for children and their families facing cancer or other life-threatening illnesses.

As part of the game's activities, members of both football teams visited Camp Good Days to meet some of the children. And campers serve as honorary coaches and cheerleaders, attending pregame practices and coaching and cheering from the sidelines.

Camp Good Days is also looking to regain the Guinness world record for largest kazoo ensemble, a record the camp broke in 2006. The first 10,000 fans will be given kazoos in the colors of Rochester and Fisher, and during halftime the crowd will be urged to try to break the current record, held by a group of 3,861 from Sydney, Australia.

—Melissa Greco Lopes

Ryan Whirty writes about sports for Rochester Review.