Healthways Fitness Your Way™ is a great way to get healthy and feel good on your own terms. A first-of-its-kind fitness program, Healthways Fitness Your Way offers you the flexibility to work out at any network fitness location, on your time and on a budget that you can live with. It’s one of the most flexible, affordable and accessible ways to adopt a healthy lifestyle and remain committed to it.

Meet your goals
• Stay motivated with social networking, rewards and the Daily Challenge
• Easy online tools to track exercise goals and activity, and ask an expert a question

On your time
• Locations include more than 9,000 national and local fitness facilities
• Visit any participating location — anytime, anywhere — as often as you like
• 24/7 access to well-being support, health articles and online health coaching

On your budget
• Only $25* a month per person and a low $25* enrollment fee, with a 3-month commitment

ENROLL WITH HEALTHWAYS TODAY

1. Go to www.Blue365Deals.com
2. Click on Browse all Deals and click Fitness. Locate Healthways Fitness Your Way and click on View Details.
3. If already a member of Blue365, log in with your email and password; if not a member yet, register with Blue365 to get the Healthways deal.
4. Click on “Redeem Now” and then click “Continue.”
5. You will be directed to the Healthways Fitness Your Way landing page where you can search for participating fitness locations and also sign up.

When you enroll online, you can:
• Search by zip code for participating fitness locations near your home or office
• Learn more about Healthways Fitness Your Way by reading the FAQ before enrolling

Or, enroll over the phone:
Call 1-888-242-2060, Monday through Friday, 8 a.m. – 9 p.m. in all U.S. time zones.

* Taxes may apply. Individuals must be 18 years old to purchase a membership.
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