Healthways™ Fitness Your Way is a new way to get healthy and feel good on your own terms. A first-of-its-kind fitness program, Healthways Fitness Your Way offers you the flexibility to workout at any network fitness location, on your time and on a budget that you can live with. It’s one of the most flexible, affordable and accessible ways to adopt a healthy lifestyle and remain committed to it.

Meet your goals

- Stay motivated with social networking, rewards and the Daily Challenge
- Easy online tools to track exercise goals and activity, and ask an expert a question

On your time

- Locations include more than 8,000 national and local fitness facilities
- Visit any participating location – anytime, anywhere – as often as you like
- 24/7 access to well-being support, health articles and online health coaching

On your budget

- Only $25* a month per person and a low $25* enrollment fee, with a 3-month commitment
- Get up to 30% off, on more than 40,000 experienced health and well-being specialists including, massage therapists, personal trainers, nutrition counselors, yoga and pilates instructors and more
- Save on vitamins, exercise equipment, aromatherapy, organic products, and unique gifts

ENROLL WITH HEALTHWAYS TODAY

1. Go to www.blue365deals.com/daily_deals/90426
2. Click “Login to Redeem”
3. If already a member of Blue365, log in with your email and password; if not a member yet, register with Blue365 to get the Healthways deal
4. Click on “Redeem Now” and then click “Continue”
5. You will be directed to the Healthways Fitness Your Way landing page where you can search for participating fitness locations and sign up

When you enroll online, you can:

- Search by zip code for participating fitness locations near your home or office
- Learn more about Healthways Fitness Your Way by reading the FAQ before enrolling

Or, enroll over the phone:

Call 1-888-242-2060, Monday through Friday, 8 a.m. – 9 p.m. in all U.S. time zones.

* Taxes may apply. Individuals must be 18 years old to purchase a membership.

Blue365® offers access to savings on items that Members may purchase directly from independent vendors, which are different from items that are covered under your policies with your local Blue company, its contracts with Medicare, or any other applicable federal healthcare program. To find out what is covered under your policies, call your local Blue company. The products and services described herein are neither offered nor guaranteed under your local Blue company’s contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to your local Blue company’s grievance process. Blue Cross and Blue Shield Association (BCBSA) may receive payments from Blue365 vendors. Neither any local Blue company nor BCBSA recommends, endorses, warrants or guarantees any specific Blue365 vendor or item.

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