4/8 Farmers Market Recipe

Harvard Beets

Ingredients:

- 16 oz sliced beets (1 can, or ~1 lb roasted)
- 3 tablespoons sugar
- 2 tablespoons vinegar
- 1 ½ teaspoons cornstarch
- 2 tablespoons orange juice
- 1 tablespoon grated orange peel

Directions

- Roast beets, let cool, and slice if fresh. If canned drain beets. Set beets aside. In a saucepan, combine sugar, cornstarch, vinegar, orange juice; bring to a boil. Reduce heat and simmer for 3-4 minutes or until thickened. Add beets and orange peel; heat through. **Yield:** 4-6 servings.